

OMRAAM MIKHAËL AÏVANHOV
THOUGHTS OF A SPIRITUAL TEACHER

ENCYCLOPEDIA
OF
INITIATIC SCIENCE

BOOK 46:
***HOW TO SURPASS KARMA &
PREDESTINATION***

EDITION HEAVEN ON EARTH

HOW TO SURPASS KARMA AND PREDESTINATION

This book is a collection of Daily Meditations
from the years 1987, 1988, 1995, 1998, 1999,
2000, 2001, 2002, 2003 and 2004

Edited by Prosveta, France.

Conception and Realisation:

Benjamin Christ

Montreal, December 2004

2

Can '*Prenatal* and '*Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

SUMMARY

CHAPTER 1: WHAT IS KARMA AND WHAT IS PREDESTINATION?

CHAPTER 2: KARMA AND ASTROLOGY

CHAPTER 3: KARMA AND BIRTH

CHAPTER 4: KARMA AND HEREDITY

CHAPTER 5: KARMA AND DAILY LIFE

CHAPTER 6: KARMA AND FREEDOM

CHAPTER 7: HOW TO PAY KARMIC-DEBTS

CHAPTER 8: KARMA, SPIRITUAL TEACHERS AND DISCIPLES

HOW TO SURPASS KARMA AND PREDESTINATION

4 Can '*Prenatal* and *Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

WHAT IS KARMA AND WHAT IS PREDESTINATION?

We live immersed in a fluidic ocean, which initiatic science calls 'astral light'. This fluid is so sensitive that everything is imprinted upon it. Even the most insignificant of our acts, of our slightest emotion, the most fleeting of our thoughts are all reflected upon this astral light and proliferate, until they reach the outermost limits of the universe, in other words the limits of the zodiac, because the confines of the zodiac represent the boundaries God has created for the manifest world. This is why the zodiac has also been likened to a serpent who holds the world in the coils of its body. If destiny is inexorable it is because all our thoughts, all our feelings, all our actions, both good and bad, are recorded in this fluidic ocean which we cannot escape, and one day they do catch up with us. **(JANUAR 25, 2000)**

All humankind, the solar system, and even the whole cosmos, must undergo events decreed since the beginning of time, and there is nothing we can do to change this. Imagine we are cruising on board a ship: there is a prearranged itinerary and scheduled ports of call which are, of course, impossible to alter, and there is no way we can leave this ship – unless we fall overboard. However, on board we can read, enjoy conversing with our fellow travellers, sleep in our cabins, or visit the bridge to scan the ocean. This metaphor of a ship illustrates the destiny of humankind: we are all on board a ship whose itinerary has been mapped out by the Lord Himself, and there is absolutely nothing that anybody can do to change it. 'On board' – inwardly – we may do as we please, we can improve or demean ourselves, but our scheduled destination remains the same. **(MARCH 1, 1999)**

From the moment we perform an act we inevitably release certain forces, which in turn will inevitably produce certain results. It is this concept of cause and effect that is contained in the word 'karma'. This word has subsequently taken on the meaning of payment for a transgression committed.

In reality it could be said that karma (in this second sense of the word) occurs each time an act is not fully inspired by divine wisdom and love, which is the case most of the time. But human beings experiment and have to practice. These experiments are somewhat crude and clumsy, but this is not important. They must correct themselves, put right their mistakes and of course in order to obtain these results they struggle and suffer.

You will say: 'But surely it is better not to do anything, if by acting we inevitably make mistakes and will have to suffer to put them right.' No, you must act. Obviously you will suffer, but you will also learn, you will evolve and then one day you will suffer no longer. When you will have learnt to act correctly, when all your actions, all your words are inspired by goodness, purity and total lack of self-interest, they will not induce karma, but will attract beneficial consequences. And this is referred to as 'dharma'. **(JANUAR 4, 2000)**

We cannot conquer the destructive principle which worms its way into our bodies over the years, but we can slow it down and more importantly, we can learn to make use of it. How? Well, when illness and old-age begin to take hold, when you lose your strength and physical abilities then tell yourself it is time to find other ways to keep you busy, time to find other sources of joy. What

Can '**Prenatal and Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

ever the conditions in which you find yourself there is always something you can do, and if you no longer have physical energy, you must dig deep within yourself to bring the spiritual energies alive, and these are inexhaustible.

If the principle which allows people to grow and flourish knew no opposition, if it encountered no obstacles, human beings would lose themselves. Yes indeed, if old age, illness and other troubles were not there to restrict them a little, many people would become monsters. But we all know our path has only one possible end, and that is death. In this all human beings are equal. So we all have to bow down, be modest, think, become wiser and find the path that leads to God. **(OCTOBER 10, 2000)**

Supposing there is someone you really cannot abide: You may often think how wonderful it would be if he were to disappear for good. Of course, you would not go so far as to kill that person, as murder is not lightly undertaken, and anyway it would be risky. But you think about this death and would like to happen. Well, you should know that perhaps you will be responsible for another death elsewhere in the world. Yes, because your thoughts, feelings and desires spread everywhere and may influence people in some far away place, who are in the same frame of mind and wanting to rid themselves of their enemies. If their vengefulness is stronger than yours, or if they lack the willpower to resist their criminal tendencies, one day they may commit murder, without the slightest idea why a sudden impulse pushed them to such an extreme. You will be quite unaware of what happened, but in fact you are the one responsible. When you pass on to the next world you should be aware that you will be shown the consequences of your thoughts, feelings and negative wishes, and you will be horrified to realize how much harm you have caused. **(OCTOBER 15, 1998)**

Anyone who enjoys throwing pieces of broken glass on the road, saying: 'It doesn't matter! I won't be around, so it will only harm others,' is mistaken, because the road we follow is not a straight line. You may not be aware of this, but the path along which we human beings travel is a circular one. He who has scattered broken glass will, therefore, one day have to walk along the same stretch of road where previously he spread danger, and will have to suffer the consequences of his actions. If you dig holes or set traps along the road, the laws will take you past that very spot again and make you fall into these same holes and into these same traps. And then you will have time to reflect on your misadventure, to grumble about people's wickedness and stupidity, and try to discover who the culprits are. You will, of course, have forgotten that the culprit was you, yourself. He who lives with a devil-may-care attitude creates all the problems which will, one day, plague his life. **(OCTOBER 22, 1999)**

Wish and hope for whatever you like, create whatever you like in your mind, but be sure to examine your desires with care beforehand, for if they are too personal, if their vibrations are not in harmony with the divine order that reigns throughout the universe, they will conflict with the laws of God and with a whole world of entities, beings and vibrations, and you will not succeed. And in fact, it is better that you do not succeed for, at least, then, you will be spared all manner of disappointments and accidents. It is preferable not to succeed in one's evil designs, otherwise the karmic consequences are unavoidable. Suppose you want to get rid of a rival or revenge yourself on him, but your plan misfires and you abandon the idea. So much the better! It will not cost you as much as it would have if you had succeeded; success would have meant incurring a huge karmic debt! **(OCTOBER 22, 1987)**

It is on this earth that man's evolution takes place; not elsewhere. Even someone who has had to suffer in Hell for a long time because of his crimes, is obliged to come back to earth to repair

⁶ Can '**Prenatal** and **Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

all the evil he has done. For it is not enough to suffer; suffering does not make up for evil deeds. Since those evil deeds were committed on earth, reparation has to be made on earth. And isn't this the real reason for reincarnation? Otherwise, why should men return to earth if they had already atoned for their faults on the astral plane? The truth is that there is a law which decrees that man must make reparation for his errors in every region in which those errors have done damage. **(OCTOBER 29, 1987)**

Everything that happens is the consequence of something that happened before. This means that you cannot interpret present events correctly if you do not consider the past. But that is not all. It is in your power to influence this present that stems from the past, so that your dreams and ambitions may be fulfilled in the future. In order to understand a person's life, therefore – your own included – you must see it not only as the consequence of a remote past but also as the starting point of a new existence. You cannot evaluate a person's life accurately if you fail to take into account its link with past and future lives. **(NOVEMBER 11, 1995)**

In past incarnations human beings have, consciously or unconsciously, broken all kinds of laws and, as they have not made reparation for these transgressions, they now find themselves in difficulties, with debts to be paid and all kinds of complicated situations that have to be sorted out. But destiny conceals this from them. When they are about to marry or form a partnership with somebody, for instance, destiny prevents them from seeing the true character of their future partners or how they will react in such and such a situation. It does this so that they may learn their lessons and pay their debts. If they were forewarned it would be very easy to avoid such trials. This is why the law of justice arranges things so that they shall have no recollection and no premonitions: They are in the soup up to their necks, and they are going to have to stay there until they have understood the lessons of Divine Justice! **(NOVEMBER 27, 1987)**

You must learn to compare the little vexations of life with all the gifts that Providence showers on you so generously. Unfortunately, people do just the opposite: they compare the little they have with the abundance enjoyed by their neighbours: 'Just look at him: he's got a car and I've still only got a bicycle!' Or, 'Look at that lucky creature: she's got a diamond and all I've got are false pearls!' If you must compare things, why not choose to look at the advantages you enjoy compared to the deprivations suffered by so many other poor people who are always unhappy or ill? This discontented, ungrateful attitude shows how incredibly blind human beings are; they simply don't see all the blessings that Heaven gives them in such abundance, so they find all kinds of reasons to let their faith, love and gratitude be weakened or destroyed.

(JANUARY 21, 1988)

A gardener who has failed to sow any vegetables is not surprised when he sees none growing. He simply says to himself: 'This is normal, old man. Since you have not had the time to sow carrots, you have no carrots. But you have lettuces, parsley and onions, because you have sown them.' Yes, when it concerns fruit and vegetables, human beings reason correctly. But they know nothing of the moral and psychological realms: they believe they will harvest happiness, joy and peace while sowing violence, cruelty and spitefulness. No, they will harvest violence, cruelty and spitefulness. But because they do not understand this, they are surprised and rebel against what happens to them. When they learn to keep watch over themselves and to spread only seeds of light and love with their words, their feelings and their thoughts, their destiny will improve. **(MARCH 11, 2004)**

Can '***Prenatal and Perinatal Education***' as well as '***Spiritual Electroplating***' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

Human beings court misfortune because they do not see the dangers awaiting them if they make such and such a decision, or launch into such and such an enterprise. They set out so happily, blindly unforeseeing, and throw themselves head first into difficulties. If only they had known how to develop their inner vision they would have been warned, because their inner sight, known as the third eye, is like radar, sending out waves that return with warning of obstacles along the way. But most people live such disorderly lives that this radar cannot function correctly.

Sometimes it happens that this spiritual eye, however well developed it may be, does not give us due warning. The Twenty Four Elders, the Lords of our destiny, may have decreed that certain events are necessary, so these events must take place. Even though we may sense or see forthcoming trials, we cannot avoid them, and must cope with them with the light – the knowledge and methods – of initiatic science. But normally this spiritual eye is present to warn and to guide us, but it can only do so if we have prepared the conditions in which it can function well. **(APRIL 12, 1999)**

When we know the law of karma, we must not take it as a pretext to remain indifferent to the sufferings of human beings. Unfortunately, instead of thinking about those people who suffer and deciding to do something to help them, some so-called spiritualists merely say, 'Oh! It's their karma,' and do not lift a finger. And in this way they think they are very evolved: they imitate Hindus! If some people see in this a good reason to wallow in their selfishness, it would sometimes be better that they never heard of karma! That is why we can say that Westerners possess the great quality of refusing to be indifferent to other people's misfortune. We observe this at the time of famines, epidemics, floods and earthquakes: people quickly send money and organize help. This is fantastic! **(APRIL 22, 2001)**

There are events which people cannot avoid because everything written in their destiny must take place, so in this sense they are not free. If we live reasonably we are granted only one freedom: we are permitted to pay our karmic debts in some way other than previously decreed. For example, suppose we are to be gravely ill and laid low for some time: this illness is a debt that has to be paid for some past transgression. But the debt can be paid in a different way by undertaking some serious spiritual work of prayer and meditation. Therefore, when our illness comes it will be less serious, since part of our debts has already been paid with our work of light and love, and we shall be out of action for only a few days. Our spiritual efforts have strengthened our organism. The same principle applies to all trials of life. The moment we encounter a difficulty caused by some planetary aspect, or the transit of some planet through our astrological chart, if we have already done serious spiritual work, accumulating 'money' – forces and energies – towards the settlement of our debts, we can confront our trials in the best possible conditions. **(MAY 8, 1999)**

We are on earth for a reason, or the Lords of Destiny would have sent us elsewhere. There are plenty of places in the universe for a pleasant vacation. The best place to go, in fact, is the sun. You will say: 'The sun? But we will be burned!' Yes, of course, if you go there in your physical body, but who said that you must do that? The physical body is adapted to our earthly existence and, in order to go to other planets or to the sun, we have other bodies. There are different forms of life in the universe to which different aspects of matter correspond and, although we cannot go to the sun in our physical body, we can at least go there with our soul and our spirit. **(JUNE 13, 2004)**

HOW TO SURPASS KARMA AND PREDESTINATION

The earth is a child of the sun, from which she emerged one day billions of years ago, and the sun continues to nourish her and to educate her, so that one day she may learn to be as generous as he. Still today, even though she produces a bit of vegetation and a few fruits, the earth is far from knowing how to give like the sun. She must therefore continue to be instructed, to watch, to listen to the words of the sun, who says to her: 'You see, one day you too must be able to give, to shine as I do.'

And what the sun says to the earth, he says to us as well, because the earth and humanity have the same origin, and also the same destiny. Every human being is a little earth, and each of these earths must one day become like its father, the sun. This is our future. **(JUNE 26, 2003)**

From the initiatic point of view success is not always desirable. Obviously, if a person is weak and sickly it is best that he does not encounter too many major obstacles on his way, because if he falls down he will never get up again. If he is strong, however, setbacks and failure will strengthen him further: misfortune and enemies will give him energy, as if they were food for him, making him become, one day, invincible.

Unfortunately there are not many people who pursue their course with courage, despite the obstacles and misfortune they encounter. Most are easily discouraged and overwhelmed. You need to have gone a long way along the road of personal growth to draw strength from misfortune. Sometimes even Heaven sets trials for certain people because it knows their nature, that they need to be faced with the greatest difficulties to help them reach the summit. Whereas others are spared because Heaven knows that they would soon end up in trouble. Heaven therefore adapts its actions to each individual. That is why it is difficult to foretell human beings' destiny. Often misfortunes seem to be a punishment sent down from Heaven whereas the opposite is true: they are the right conditions to oblige people to climb to the top.

(JULY 18, 1999)

Your first concern in everything you undertake must always be the idea, the motive for your action, the goal you want to achieve. The activity itself is not so important. Disregard the fact that it might win you the appreciation of others or that it might earn you large sums of money. It may be that by following a spiritual teaching you appear not to be doing a great deal, but if you follow this teaching seeking to uphold the idea of peace, harmony and brotherhood in the world, you are gradually adding a few elements, accruing them for your future, towards your evolution, and that will change your entire destiny. You may not see any results for a long time, but one day the blessings will descend upon you from all around, because everything you have done has been recorded and you are reaping the rewards. Human beings judge you by your material achievements, whereas Heaven rewards or punishes you on the basis of your motives. Therefore, expect the rewards for what you do by working to uphold the idea of peace and brotherhood to come from Heaven, not from human beings. **(AUGUST 12, 2002)**

The following incident apparently took place in New York. Two drivers travelling at great speed crashed into each other. No-one was injured and there was very little material damage. Both drivers admitted that since they had both been driving too fast, they had both caused the accident and they went their separate ways without either of them claiming any damages from the other. A long time went by and then one day, to their amazement, they were both summoned to court. What had happened? A teacher, who had been at the scene of the accident, had lodged a complaint against them. Witnessing the accident had upset her so much that she had become ill, to the extent of no longer being able to continue to work. She kept hearing strange noises in her head. And the courts ordered both men to pay the woman damages.

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

This is a very interesting story, because it brings to light some of the laws governing the invisible world. Two people who caused damage as a result of their behavior believe they have sorted out the entire matter because they had reached a mutual agreement. Well, not so! A third person, somewhere in the world, may have been upset by them and justice will one day demand they account for their actions. The culprits will say: 'But this matter is of no concern to anyone of us.' And justice will reply: 'Well no, you will have to pay.' And this is how destiny comes and surprises people without having harmed anyone directly. This has already happened to you, every time you are surprised you have to pay when you feel you are not guilty. This is sure proof that you are guilty after all; divine law has judged it to be so. **(AUGUST 23, 2000)**

Human beings are the only living beings who have the power of speech. This power of speech has caused cultures and civilizations to flower and has given human beings the possibility of omnipotence. True magic, divine magic, is speech that is luminous, harmonious and musical: the expression issuing from God, Christ, the Word. On the Sephirotic Tree, the Word is the second Sephirah, Chokmah, the Wisdom that comes from Kether. In this Sephirah are contained all the elements – the letters and numbers – that God used to create the universe. Christ is the Word of God, the universal key that opens all the doors of life. Those of you who work on speech in order to make it more powerful, alive and harmonious already possess this key. Thanks to it, you can work wonders: first of all on yourself, then on others and then on all nature. Such is the extraordinary destiny that awaits human beings: the power to influence matter by means of the Word. **(AUGUST 23, 1998)**

Man's destiny can be compared to a journey by train: once he has got onto the train he is obliged to go where it takes him. However, he is free to leave his seat, to change compartments or even coaches, to walk up and down the corridors, to read or sleep or look at the countryside, to be silent or to talk to other passengers, to make the acquaintance of a charming young man or a pretty girl, to go and have lunch in the dining car, etc., or even to throw himself out of the train and kill himself! He is both free and not free. In the same way, the conditions and elements that are at your disposal here on earth are predetermined, but you still have a certain amount of freedom of action and movement; the question is how to use the freedom you have, for it can be used in such a way as to free you completely or restrict your freedom even further. **(SEPTEMBER 10, 1987)**

The majority of people have only a mediocre destiny because they seem unable to keep their inner bearings and lose their way: they oscillate incessantly between light and darkness, and that is why their future is always uncertain. Try therefore to channel your energies and direct them towards the luminous world of harmony and love: the Divine World. Even if every now and then some shadows appear, it will not be for long: as long as you keep to the right direction within your inner self, there will come a day when you do not wander off the path any more.

Human destiny is governed by precise mathematical laws. Just as your present condition is the result of all you have lived in the past, your future is determined by the direction you give to your life now. **(SEPTEMBER 22, 1999)**

The long-term destiny of human beings is to become like God himself, each day drawing closer and closer to His Wisdom, His Love and His Power, manifesting these qualities in their own lives. But along the way toward that great destiny, there are small, previously determined destinies we must cope with.

For instance, the destiny of our feet is to carry our physical bodies and walk in the direction indicated by our heads. Sometimes a foot lashes out and kicks someone, but that is not truly its

10

Can '**Prenatal** and '**Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

destiny. The predetermined destiny of the hands is to create and bless; they can also harm and destroy, but that is not their true destiny. The predetermined destiny of the eyes is to look, to take in images and light; they can also give out withering looks, but that is not their destiny. And it is the same for all the physical organs.

Now, what is a human being? We are a synthesis of all these predestinations, and it is our job to direct and organize them, because they serve as the means toward our great and distant destiny: To become like our Heavenly Father. **(SEPTEMBER 28, 1998)**

In past incarnations human beings have, consciously or unconsciously, broken all kinds of laws and, as they have not made reparation for these transgressions, they now find themselves in difficulties, with debts to be paid and all kinds of complicated situations that have to be sorted out. But destiny conceals this from them. When they are about to marry or form a partnership with somebody, for instance, destiny prevents them from seeing the true character of their future partners or how they will react in such and such a situation. It does this so that they may learn their lessons and pay their debts. If they were forewarned it would be very easy to avoid such trials. This is why the law of justice arranges things so that they shall have no recollection and no premonitions: They are in the soup up to their necks, and they are going to have to stay there until they have understood the lessons of Divine Justice! **(NOVEMBER 27, 1987)**

It is one thing to know the laws of destiny and to understand that nothing that happens to human beings - happy or unhappy - is by chance, and it is another thing to find the attitude that best allows us to help them. Some will say: 'But why help them since they get what they deserve?' First, because the efforts that we make to help others are never wasted: in some circumstances, the Lords of Destiny can be swayed in their favour, having noticed your love and good will. And these efforts are also useful for you and can help you to progress. In helping others, your thoughts, feelings, and generous actions have a positive effect on you yourself. So, help others, and you will be the first to feel better! **(DECEMBER 15, 2003)**

We are all princes and princesses, heirs to the Kingdom of our heavenly Father, heirs to all its splendour and power and light. But then why has he sent us to earth and obliged us to endure such difficult conditions? One meets many truly beautiful souls, true princes and princesses, living like beggars, obliged to accept great poverty and distress. What is the reason? There is always a reason. Perhaps divine justice has put them in these conditions because they have karmic debt to pay off. But there are often quite different reasons, for the aim of cosmic intelligence is to persuade us to work towards perfection, and this means that we have to endure trials and tribulations, for they are the only way to learn and become strong. **(DECEMBER 27, 1995)**

KARMA AND ASTROLOGY

Even if your astrological chart shows a lot of bad aspects, you must not see this as an absolute predestination. It is essential to realize that the human spirit is above an astrological chart, above the stars and planets and their influence, above Karma, above everything. The spirit is free and all-powerful. Whatever destiny the stars have decreed for you, there is one thing that you must know: far above destiny, in a higher, sublime, inaccessible region, reigns your spirit; and destiny can do nothing to injure your spirit.

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

Of course, the only sure way to escape destiny, is to pay your Karma and, while paying it, to continue to work and create; for to be born 'under an unlucky star' is no reason for remaining forever stupid and lazy and inactive! You have a debt to pay, that is true, but that debt represents a mere second compared to eternity. You must not let one short moment of time overshadow the light of the spirit. Whatever happens, you must always be convinced that within you lives a spark that no one and nothing can ever extinguish or even darken. **(APRIL 16, 1988)**

Astrology is concerned only with the position of the stars at the moment of physical birth, but that is not enough. The horoscope for the time of birth is not sufficient to give the whole picture of a person's character and destiny; you also have to consider the situation of the heavens both at the time of conception and at the moment of his second birth, the moment when the person's consciousness becomes superconsciousness, when, illuminated and renewed, he attains the divine world. But although it is preferable to choose a moment when the signs of the heavens are auspicious for the birth of a baby into the world, it is not necessary to know anything about astrology in order to be born a second time. It is enough for a man to live in harmony with the laws of love, wisdom and purity, for him to be born a second time and enter into the new life. This is the meaning of the birth of Christ in us. **(DECEMBER 25, 1999)**

Even if mistaken from an astronomical point of view, the ancients had reasons for thinking that the earth, not the sun, was the centre of the universe. For human beings, it is the planet earth which is most important; because it is she who is truly their universe, and her centre is the centre of this universe. From a certain point of view, the geocentric system of Ptolemy is as true as the heliocentric system of Copernicus! We can say this because human beings do not receive solar energy directly; the earth receives it first and transmits it to them. Also, humans grow and evolve in harmony with the rhythm of the earth. Since they cannot evolve more quickly than their planet, the collective destiny of humanity is subject to the earth's evolution. Only certain beings who are particularly advanced can detach themselves from the rest and evolve more rapidly. **(JUNE 19, 2003)**

KARMA AND BIRTH

In order for a person to incarnate on earth, all of creation must agree to his coming. If it refuses even a few elements, then that person dies. That amazes you? Well, reflect on this. Notice how things are done in a country, a business or a family. There are people who calculate the budget, plan the expenditures (how much to allocate to education, defense, health, etc.), decide what savings to make, which persons to hire, dismiss or keep on, what sums are necessary for food, heating, maintenance and so on.

Do you really think that when it is a matter of someone coming on earth, nobody takes a decision or approves it? In a family, town, country, everything is calculated and done according to plans, budgets ... and you suppose everything in the universe is done without thought, haphazardly? Really, human ignorance is unimaginable! There are also entities up above that calculate how many human beings should come down to earth, the number of years they are to stay. Yes, it is such an immense economy, which you are far from imagining. **(OCTOBER 5, 2001)**

Nothing people are given at birth is given to them unjustly. Be it wealth, intelligence, talent or virtues, if they have them now it is because they have worked in the past to earn them. Cosmic

12

Can '**Prenatal** and '**Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

Justice has granted them gifts according to the efforts they have made, and these gifts come in the form of material, intellectual or spiritual wealth. All wealth results from the efforts we make during our lives, but this wealth is not necessarily ours for ever. If we want to keep it in our next incarnations we must all use it sensibly and in particular we must ensure we allow others to benefit from it. We must make sure that all the gifts we have been given at birth bear fruit and the best way to make them productive is by using them, not just for ourselves, but to help others by smoothing the path of their evolution. **(JANUAR 19, 2000)**

Why does a child incarnate into one family rather than another?

It is always a mystery. Some children do not belong to the same spiritual family as their parents, so they are not really the children of those parents, and in this case, the parents are not responsible for the actions of their children, and vice versa. The Bible tells us that when a man has sinned, not only is he himself punished, but also four generations of his children and grandchildren. What have those children done to merit that suffering? It was not they who sinned; it was their fathers or great-grandfathers, and in appearance this punishment is unjust. But in reality, those who pay for the faults of their parents by inheriting the same illnesses, the same vices, are truly their children and have merited their situation. If they had been born to another father or mother, they would not have had to suffer. We know that saints have been born to criminals, and very ordinary beings have given birth to geniuses. Children are not always affected by the crimes of their parents, but when they are, it shows that they have been attracted to an incarnation amongst those they resemble, because they had previously lived the same way. The law obliges them to incarnate into precisely that family, in order to share the same trials as those merited by their parents. **(MARCH 17, 1998)**

It is sometimes dangerous to inherit wealth from a relation: It can lead to very unpleasant results. If the person you inherit from led a dishonest, sinful life you would do better to refuse the inheritance, otherwise he will insist on reincarnating in your family, perhaps as one of your children. He will say, 'It was I who gave you land, houses, money or furniture, so I have the right to claim a home with you now!' And you will find yourself with a child who becomes a criminal, and you will never understand why. It is because he is the reincarnation of that grandfather, uncle or cousin who was a bandit, a thief and a murderer, and whose inheritance you accepted with such a delight! So it is preferable not to accept an inheritance from someone who has not walked the straight path of truth. But you can accept whatever good man leaves you; in fact it is a benediction for a family to inherit something from a good person. **(OCTOBER 27, 1987)**

How do human beings come to the part of the family to which they belong? Let us look at the birth of children. When a child is born into a family, he may in a previous incarnation already have had a relationship of some kind with the people who are now his parents. If the child is a boy, he may have been a lover, a fiancé or a husband to the person who is now his mother. The same with a daughter and her father; they experienced a certain form of love in the past and now, in order to evolve, they must love each other in a different way. If a man and a woman feel a sexual attraction for each other in this life, it may well be that they will come back to love each other as parents and child. Once again they will kiss each other, but their kisses will be those of mother (or father) and child.

And it may also be that, in a previous incarnation, people who harmed others must now welcome these very same persons into their family as their children so that they may make amends. Be they parents, children, brothers or sisters, the reasons for a certain group of people to be together as one family in this life are infinite and each case has its own individual explanation. **(FEBRUARY 2, 2002)**

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

How many young people, dissatisfied with their circumstances, blame their parents! Their parents do not understand them, they do not provide them with good conditions for their development, and they are deplorable examples for them. It may be true, but they should not blame them. If they have such parents, and not others, it is because they have deserved them. Yes, if they had deserved to live in other conditions, they would have been given other parents. The person who, thanks to the work he has already done in previous lives, is predestined to become a musician or a painter of genius, reincarnates in a family that provides the conditions for his gifts to be developed. If he deserves to be weak, handicapped, or ill, divine justice sees to it that he reincarnates in a family that transmits to him every weakness, every defect. Parents are responsible only on the surface; they should not be reproached, because they are only carrying out orders. All the defects a human being inherits from them were created by him; he had already formed them within himself long ago through his thoughts, feelings, and actions in previous incarnations. So, instead of reproaching his parents, each person, if he is to evolve, must blame only himself. **(NOVEMBER 7, 2003)**

Human beings are not all in the same situation as regards their evolution. Some are on earth because they have to solve purely material problems; their efforts lie in the field of matter and they have to struggle to feed and clothe themselves and to have money and a roof over their heads. Others are well off as far as material things are concerned; their difficulties lie in the area of feelings: Their inclinations are depraved and their hearts full of jealousy and distrust. Their material needs are satisfied but in their hearts nothing is satisfactory. Others again have difficulties on the mental level: They lack intelligence and are always hesitant and unsure of themselves, incapable of making up their own minds.

As a general rule, each human being has to work more in one area than in others, but there are some who are required to work equally in all areas, and this is the case of very inferior beings who have not progressed very far with their evolution or, alternatively, of those who are very advanced and very gifted. **(OCTOBER 26, 1987)**

KARMA AND HEREDITY

So many people find it normal to adopt a rebellious attitude of mind. If only they knew what their bodies were in the process of registering as a result!

They would realize that violent, chaotic vibrations were being recorded, indelibly printed in each of their cells. But people are not in the habit of observing themselves or their own inner state, and they do not know that nature, who is gifted with intelligence and memory, is preparing lessons for them later on. For example, they marry and have children: those children will take after them and, like them, will be violent and disrespectful. When this day comes, and they find themselves victims, they will complain, 'It isn't fair. What have I done to deserve offspring like this?' But they should reflect on their own past behaviour, and then, too late, they would understand. The law of backlash exists in the psychic as well as in the physical world. Unhappily, it is only when the consequences of their actions return to them that human beings begin to reflect and understand. **(FEBRUARY 6, 1998)**

The formation of a child's body in the mother's womb is not a purely physiological process. In forming its physical body, the soul of the child calls to itself its large and invisible family in the beyond to help in this construction. From all directions, not only grandparents and great-

HOW TO SURPASS KARMA AND PREDESTINATION

grandparents, but even very distant ancestors arrive and set to work. A child's body, then, is a reflection, a synthesis of generations of beings going back centuries and millennia, and this is why it is conditioned by atavism, by a heredity which can either be healthy or unhealthy. Under this weight of the generations, it is very difficult to escape the heredity and influence of one's family. Only the disciple of an initiatic school, who is instructed in the omnipotence of spirit over matter, can gradually free himself from the burden of heredity. **(JULY 9, 2005)**

History has certainly know very rare beings who have come into this world totally exempt from faults and passions and who have been predestined for some great work. Why are they not more numerous? The truth is that, because of heredity, almost no families on earth could give the luminous spirits that want to incarnate appropriate materials with which to form their physical and psychic bodies. Even the greatest initiates are obliged to work year after year on the faults and defects passed on to them through heredity. Even if their spirit helps the mother during gestation and works with her to gather the best elements, they cannot prevent some hereditary imperfections from threading their way through; although they come from celestial regions, they have to bear heavy burdens. That is why men and women who want to raise a family must become conscious of their power to help some great spirits incarnate in the best conditions. They will receive such gratitude from these spirits who become their children!

(SEPTEMBER 17, 2001)

Many people's dream is to be able to prolong life indefinitely. But although Cosmic Intelligence has not given them the possibility to live eternally on earth, it has provided them with an organism that is capable of surviving far longer. The truth is that it is human beings themselves who, through their ignorance and disordered conduct, shorten their life, and the children who are born onto this earth receive a heritage that has been made defective by generations and generations of people who have lived badly. Everyone must therefore decide to lead an intelligent and reasonable life once more, so that humankind may attain this longevity. This can of course not be achieved in one generation, because the past is overloaded with harmful elements that are not so easily cast out, but by observing certain rules of life and conduct, we can not only prepare the ground for later but we can introduce certain improvements even in this existence. You will say: "And what about the advances of medicine?" Yes, the advances of medicine ... but if human beings do not take this work of regeneration upon themselves, in what state will medicine preserve them? **(NOVEMBER 12, 2002)**

The physical family is one thing, the spiritual family is quite another. You can belong to a family whose members are not of the same spiritual family as you are and despite the blood ties, they are not really your relations. You are not responsible for their actions and they are not responsible for yours.

The Old Testament says that when people have sinned, not only are they punished, but their children and their grand-children to the fourth generation will be punished. But what have these children done to deserve this suffering? It is their father or their grand-father who sinned, not they, so is this punishment not unjust? No, because those who pay for their parents' mistakes by inheriting the same vices or the same diseases are truly of the same family as them. If they belonged to a different spiritual family then they would not suffer. There have been criminals who have given birth to saints, so this means children are not always touched by the crimes their parents commit. If they are it is because, in the past, they have followed the same path and have thus been attracted to reincarnate amidst those whom they resemble. They have therefore been constrained by law to enter this family so that they experience the same trials previously incurred by their parents. **(NOVEMBER 25, 2000)**

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

KARMA AND DAILY LIFE

People are always complaining about the awful conditions in which they live. They feel themselves to be victims of destiny, of society, of their boss or their family. No, they must understand that through the inner attitude they assumed in previous incarnations, they themselves – consciously or unconsciously – chose the conditions of their present life. Were they to change their attitude, their conditions would also change.

Yes, your conditions can change, depending on your attitude. To the extent that you believe your life is determined by external, material factors, but still you do nothing to change things within yourself, you continue to attract the same deplorable situations. But if you put spirit, light and strength in first place, your situations will end by conforming to these divine principles. And since what is below is like what is above, what is above will in time be realized below.

(FEBRUARY 25, 2000)

Even though they benefit from the same soil, temperature, humidity and care, some trees produce flowers with brilliant colours, exquisite fragrance, and delicious fruits, whereas others produce drab, odourless flowers and inedible fruits. Well, the same can be said for human beings. This is why, although they believe that their destiny – their evolution or their fall, their success or failure – are determined by chance events in society or in their families, they are only superficially correct. In reality everything depends on the nature of the seed or the kernel each one of us represents, on the way we think and feel, on the way we experience events and learn from them. This is why, instead of always seeking to change our conditions, we must work on ourselves.

(MARCH 4, 2000)

If you run away from certain efforts and activities that life imposes on you, you will never manage to develop yourself. Some people leave their family or work because they find life too hard. Others run away from their responsibilities. The fact is that running away is not recommended. Destiny puts you in certain conditions for a reason. You have to reinforce yourself and face the difficulties and obstacles of your daily life. Consider these models: sportsmen who train themselves to overcome fatigue, cold and heat, and navigators who confront the ocean, braving bad weather and great dangers. You must do the same psychologically: train yourself to resist, to hold on. Of course, if a time comes when you cannot bear the situation anymore, run away. But do come back as soon as you can to face things ... until you become really steadfast and strong.

(MARCH 10, 2001)

When we see the way things are going in the world today, we realize that the worst could happen at any moment: a nuclear war, an epidemic, an environment disaster, and so on, which could lead to the annihilation of humanity. This is why we hear certain voices announcing that the curses described in the Apocalypse will sweep down on the earth. It is true that the Apocalypse predicts the end of the world; this is written. But in reality, these events are never absolutely predetermined. Depending on how human beings behave, events can take a completely different course. God is not a tyrant commanding cataclysms which cannot be reversed. There is not determination, no irrevocable destiny, either for a person or for the world as a whole. Human beings have been created with free will, and they determine their future. If they live in disorder and folly, they set chaotic currents in motion and then, of course, the law of nature, which are the laws of justice, steer them towards disaster. This is logical. But if they

HOW TO SURPASS KARMA AND PREDESTINATION

decide to quieten down they project harmonious forces around them and, since the balance of nature is no longer disturbed, no harm can come to them. **(MAY 12, 2000)**

To listen to human beings, you would think they have nothing but complaints to address to God: He does not answer their prayers, He abandons them in their trials, He allows their enemies to triumph. Obviously, they themselves deserve every joy and success, and they do not understand why God does not give it to them. They forget that every day He enables them to hear, to see, to breathe, to walk, to feel and to think. What ingratitude! Instead of harassing the Lord with all these demands and constant complaints, they ought to reflect on the enormous debt they owe Him. Otherwise they will lose everything. If they do not appreciate their health, they will fall ill. If they are not grateful for having a mind, eyes and ears, they will become stupid, blind and deaf. And when they have lost just one of these riches, they will begin to understand what it is worth. **(MAY 15, 2004)**

Political leaders too often imagine that they hold the destiny of their country in their hands. They can delude themselves for a time, perhaps, but not for long. A bad end always awaits those who believe that they can control and manipulate at whim the fate of those they govern. However powerful human beings may be, it is not they who govern the destiny of humanity; it is higher entities who observe and take control. Yes, other intelligences, other forces exist who are working towards a goal that, often, we know nothing about. This explains why even very powerful secret societies who thought they could dominate the world have never succeeded and, for the most part, have been annihilated. Whereas the ideal of those who put themselves at the service of the Lord and wish to carry out His divine plans on earth – sometimes in spite of great suffering – has never disappeared. For God's plans always involve the liberation of humanity, its fulfilment, its well-being. **(MAY 16, 1998)**

Once upon a time there was a kingdom where disasters continuously swept the land – famine, riots and epidemics. The king, at his wits's end, sent for a sage who told him: 'Majesty, you are the cause of all these misfortunes: you live a life of debauchery, and you are cruel and unjust. That is why your people continuously suffer from all these catastrophes.' The sage then addressed the people: 'If you are suffering, this is because you have deserved it: you live in a senseless way, so you have attracted a monarch who is responsible for all your troubles.' This is how sages explain such things. When a whole nation decides it wants to live in the light, Heaven will send noble and honest leaders who will bring nothing but blessings. But if a people is governed by rulers incapable of deciding what is best for their prosperity and well being, the people must accept that it is mainly on their own shoulders that the responsibility for their plight rests. **(MAY 20, 1999)**

By trying hard to show that there is no God, no providence, no Heaven, no hope of life after death, materialists deny everything that gives meaning to human life: the reality of the soul and spirit. They have claimed that religion was "the opium of the people" and that, to be happy, man only needed something to eat, a roof over his head, a family to raise and something to study. What actually happens? Even when someone has satisfied all the claims of his body, heart and intellect, he is still not satisfied. He neglects to nourish his soul and spirit, so now it is they that demand something! That is why the use of drugs – that plague that is becoming more and more widespread in the world – is a warning. It is a sign that the soul is trying to make its needs understood: it is suffocating and it uses drugs to free itself, but this so-called liberation is suicidal. Oh, of course, we had to get rid of the opium of religion ... and now we have marijuana, heroin, cocaine ... Should materialistic philosophy be proud of this result? **(JULY 11, 2001)**

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

Obviously each day presents us with worrying matters. But even when you find yourself in great difficulty, in a dangerous situation, try not to be troubled. React by linking yourself to Divine Providence and asking It to send you light. Thanks to this light, you will be able to see more clearly and to establish calm in your heart and mind. It is by this means alone that you will find positive solutions. All the dangers and obstacles placed before the human soul can be summarized in two words – fear and darkness – and you must do everything possible to conquer them. There is only one legitimate and acceptable fear that we may tolerate in ourselves, and that is the fear of upsetting the divine order. Anyone who is afraid of poverty, failure, public opinion, or dying from an illness or accident is not yet a disciple. The disciple has one fear only, that of transgressing divine laws. **(AUGUST 6, 2004)**

Just because I tell you that hardships are useful does not mean you must go looking for them. In any case, you can be sure that they will come looking for you, because no-one on earth is sheltered from trials. Above all, do not try to imitate those who are prepared to accomplish heroic acts but who cannot tolerate the slightest inconveniences in day-to-day living, and thus make life unbearable for those around them.

Not everyone is destined to be a hero. On the other hand, we must all strive humbly to accept and surmount the difficulties which face us every day. This is the only way to avoid still greater suffering. When we fail to make these efforts, we become disorientated and powerless, and our trials become truly insurmountable. **(AUGUST 21, 2004)**

Someone who believes he can evade his responsibilities and obligations in order to taste the delights of an easier life is not aware of the strict laws that govern destiny. A woman thinks, 'My husband is such a boring man! I want to find another one, more entertaining, more amusing.' She finds one and abandons her husband, who obviously suffers from this situation. But soon her second husband will perhaps make her suffer even more.

It is not absolutely forbidden to leave a husband or wife, but you must not do so before you have resolved at least the problem with the first partner. And this is true in all situations. You think it is easy to sever a bond, break an agreement or abandon a responsibility. What seems easy at first sight is in reality extremely difficult and vice versa. If you accept the difficulties, you will feel unsuspected energies rising within you and the Lord will send angels to help you. But if you choose the easy way, you will still have angels as companions, but another type of angel ... the angels of justice. **(AUGUST 24, 2001)**

The lives of those who give priority to form lose something of their subtlety and intensity, and they become rigid. But it is a universal law that the constant upsurge of the forces of renewal shatters all that is rigid, all that opposes evolution, and this means that they too will be shattered. Look at stones and rocks: there are always hammers and machines to crush and break them. The destiny of all human beings who concern themselves with purely material things is also to be crushed. For when the other pole of life, the pole of mobility, flexibility and subtlety manifests itself, nothing can stand up to these forces of renewal. All that has become old collapses. In the long run all forms that have become rigid are destroyed and transformed by time – that is, by the forces of life. **(SEPTEMBER 7, 1995)**

A human being's prime need is to act, to manifest themselves, which is why, from a very early age, children have the desire to do things, they want to accomplish without knowing exactly what. And when, later on, they have a better idea, they do not clearly see into which ventures their wishes and desires will lead them. For the endeavors to be beneficial they need light, which unfortunately they will not find at university, but which only an initiatic teaching can give them,

18

Can '**Prenatal and Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

because the truths of life are taught only there. Without initiatic science human beings are condemned to leave the earth making one great discovery, indeed, one dazzling discovery, which is that they have understood nothing about life. This is quite a discovery, but at that moment in time it is no longer of much use to them and they take it with them to the other side. I would say to young people, therefore: 'Ask for only one thing in life, and that is that Providence may bring you face to face with the truths of initiatic science so that you may be saved.'

(SEPTEMBER 13, 2002)

Often it is not danger itself that frightens us the most, but the panic we feel when faced with it. Thus, if you find yourself in such a situation, before taking action, remain still for a moment. Do not move or speak; close your right hand and breathe deeply, all the while linking yourself to heaven. By doing so, you will manage to gain control over your cells, and you will then be able to do what is necessary to save yourself. But above all, do not move; because giving over to an uncontrolled movement is like blowing up a dam: unbridled currents will surge through you, and you will not be able to save the situation. We have known people to throw themselves out of a window in such circumstances, or into a fire.

Faced with danger, remain still for a moment and link yourself to Providence. It is then that you will feel peace take hold within you, the essential condition for awakening the forces that will save you. You will feel these forces, because they are always present within you, but you must give them the right conditions in which to manifest.

(OCTOBER 3, 2003)

Unfortunately comfort and material abundance are often incompatible with true spiritual life. When we have everything we need and even more, we make no effort, we let ourselves go and without knowing it we are bringing the intense life of the spirit within us to a halt. This is why, when Heaven sometimes sends us hardship, it is not through cruelty, but to make us develop patience, strength of character and the need to surpass ourselves. If we always have it easy, if we never encounter difficulties or enemies, of course we will be happy but everything is happening in slow motion and the results are very poor. Because this intense life maintained by the activity of the spirit does not exist any longer, useless matter accumulates and begins to rot and finally becomes impossible to eliminate. So, do not rebel against the hardships destiny may bring upon you. On the contrary, welcome them with gratitude, because they will allow you to nourish the intense life of the spirit within you.

(OCTOBER 9, 2000)

It is often said that hope keeps us alive. When human beings are disappointed by events and dissatisfied with their lot, they tend to project their hopes into the future: 'Soon... in a few days... in a few months... things will get better.' There is no doubt that hope is the very last thing to be abandoned, but while we hang on, waiting for things to get better, we need to count on something reliable. In order to hang on, we need not only to believe, but also to love, which maintains the life within us and energises us. Otherwise our hope is no more than a flight from reality, and one day it will also abandon us.

If we do not want to lose hope, we must keep faith and love forever alive within us and call on them for help when difficulties arise. Whatever happens, try to cling to faith and love, as this will enable you to keep hope to the very end.

(OCTOBER 11, 2003)

Some teachers justify the disobedience and insolence of children and adolescents claiming that because young people are much more intelligent and gifted than their parents, it is normal that they should stand up to them. It is true that there are gifted children but they are extremely rare, and it is not true that most children are geniuses and have a right to rebel against their simple-minded parents. No, you must understand first of all that there is a reason why a child is born

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

into a particular family, because nothing happens by chance. The Lords of Destiny act with wisdom and justice, and once the child has arrived it is too late to challenge the situation. If he is so brilliant, why did he incarnate into a family of morons? He was born there for the express purpose of carrying out a special apprenticeship, and this apprenticeship consists first of all in accepting his parents. Later on, who can say but, in becoming a member of this family, he must first try to live in harmony with them. When he has proved his true superiority he can do as he wishes, but not before.

(NOVEMBER 13, 2004)

Nothing is lost. No good deed you do, no good word you speak, nothing. Everything you do, however minor, produces results. You do not believe this because you expect to see these results here, before your eyes. Well, this does not have to be so; they are often produced far away from you.

When you improve the quality of your life, many other lives are improved as well. But if you fail to progress, know that you also hinder the evolution of a number of other beings, because you prevent them from discovering the path of light. If one day providence allowed you to see the many threads by which you are all woven together, and to the universe, you would be stupefied. And you are weaving such threads every day. It is therefore extremely important that you make constant efforts to ennoble yourselves, to triumph over your weaknesses and reawaken the virtues which lie buried within you.

(DECEMBER 31, 2000)

KARMA AND FREEDOM

The Creator has given His human creations the freedom to choose their destiny. Even the most powerful spirits in the invisible world are not allowed to interfere; they have to respect the choices human beings make. And this is why, for millions of years, human beings have lost their way, struggled and suffered, and nothing or no-one has intervened. These spirits know that one day even the most stubborn of human beings will come to understand they have made the wrong choice. So, patiently they wait. Those human beings who want to become heroes, saints, sons or daughters of God, are left to travel their chosen path. And it is the same for those who want to become criminals; they too are allowed to do as they choose because the spirits know the laws and say: 'Pour soul, he will inevitably come unstuck.' The spirits see it coming, but they have to leave everyone to live their own experiences and draw their own conclusions. We are therefore free to do as we wish, but before we exercise this freedom it is best to realise there are laws and these laws will punish us if we act inappropriately and they will reward us if we make the right choices.

(FEBRUARY 1, 2002)

Of course we are free to do whatever we wish, even to the extent of distancing ourselves from God. But we will soon see what destiny awaits us.

What motivates someone who separates himself from God, who does not want to remain in the light? The most commonplace ideals: the desire to make money, to wield power, and to be well known. He wants to eat and drink well, and to dip into all sorts of pleasures. Then, because his ideal is so mediocre, he is forced to crawl around exploring low regions, where unhappiness and disappointment lie in wait. You can predict the future of someone if you know his ideal, for he will succeed in reaching that ideal. With knowledge of initiatic science, nothing is easier than predicting the future of human beings. When we see a train set off on specific tracks, we know the exact details of its journey and its final destination.

(FEBRUARY 14, 1998)

HOW TO SURPASS KARMA AND PREDESTINATION

To what extent do we have freedom in life? Only in the choice of direction we wish to take. Beyond this, nothing depends on us. Life has often been compared to a journey. Well, let us study this comparison. You are to go on holiday, and with this, every possibility opens up before you: the sea, the mountains, the desert, the countryside the forest ... Let us imagine that you choose the mountains, the Alps. From that moment, you know you are going to see certain rivers, certain lakes and certain peaks. If you choose the sea or the desert, you will expect something completely different. Thus, only the choice of direction is yours, after which you will find yourselves in landscapes that existed long before you and will exist long after you.

The same thing applies to our inner life. Only our choice of destination is up to us, whether it be quicksands, swamps, dangerous forests ... or fertile plains or parks filled with flowers and birds. Every misfortune and every happiness already exist; others have known them before us. It depends on us alone whether or not we visit them. **(FEBRUARY 16, 2003)**

The worst difficulties and the worst suffering begin when a person thinks he is the sole master of his destiny, that there is no providence, no luminous entities to guide or support him. This is how he severs all bonds with heaven, and is then no longer a child of God shielded from worries. As soon as he stops relying on his heavenly Father and Mother, every kind of suffering starts to sweep down on him, and he feels all alone. But he must understand that it is his fault: It is not heaven that has abandoned him, it is he who has abandoned heaven. To solve your problems, to get help, nourishment, and enlightenment at all times, you must never sever the bond with heaven, because heaven never leaves its child to cry all alone. **(MAY 14, 2001)**

Whatever work providence or fate has given you, you must make the effort to accomplish it in the best way possible. If you refuse to do it, or if you show negligence pretexting that you do not think you deserve this work, you are retarding your evolution, and later you will be obliged to come back to correct and repair the situation. When this happens, you will notice how difficult it is to redo work you thought was finished.

If we are on earth, suffering and struggling in the midst of difficulties, it is precisely because we must finish or start over some work... Heaven has sent us back to repair our mistakes and carry on with our education. That is the meaning of our successive reincarnations. If we refuse to understand these lessons, we will be sent back to earth, and it will be harder and harder to correct our faults. **(MAY 22, 2001)**

Those who want to be master of their destiny must not be so preoccupied with what may come to them from the outside: difficulties or opportunities, profits or losses. They must work with the sole idea that all possibilities are within them, and as a result they will become stronger and increasingly capable of facing all situations.

Whatever realm it may be, you must not count on any outward gain or success. If they come to you, they are welcome, of course, but do not count on them, for nothing outside you is permanent or can really belong to you. Sooner or later it will slip through your hands. You must simply work to be inwardly strong and rich, in your heart, your mind, your soul and your spirit, so that everything you have acquired belongs to you forever. This is true freedom, true independence. **(JULY 6, 2004)**

It is the nature of our needs that determine your destiny. For example, if you need a large quantity of cigarettes or alcohol each day, if you want many houses, cars or businesses, or if you wish to spend your evenings in night clubs or playing roulette at the casino, your destiny is already marked out: degeneration, ruin, possibly even prison. The opposite is obvious, too: if your desire is to contemplate divine beauty or spread peace and light all around, happiness and

Can **'Prenatal and Perinatal Education'** as well as **'Spiritual Electroplating'** change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

prosperity will come your way. Why is it that so many people have not realized that each need, wish and desire places them on predetermined tracks leading either to infested regions, where they will be devoured by all manner of wasps, snakes and wild beasts, or toward magnificent and light-filled regions, where they will find untold joy? Yes, according to our inclinations, tastes and desires, it is we ourselves who assume the responsibility for our eventual destination.

(JULY 13, 1998)

Everyone should be aware that they possess certain powers given to them by nature and with these powers they are able to shape their future. The Lords of destiny say: 'Do what you want, but be careful, everything you do has consequences. If you wish for money, success, power, you can obtain these, but be aware they do not last long, and they also tie you down and you will be obliged to become enslaved by all the beings who have money, success and power.' Jesus said: '... The ruler of this world is coming. He has no power over me ...' This means that the ruler of this world has riches and glory, and he distributes them to those who place themselves in his service. Jesus had nothing in common with him because he had nothing of his, he was free. This passage in the Gospels is very profound. Indeed, if you focus on material acquisitions you make contact with the ruler of this world, because they are at his disposal and he distributes them. So, directly or indirectly, you ask him for them. He may give them to you, but in exchange you will have to give him the most precious thing you possess: your freedom. So, be careful!

(JULY 23, 2000)

Human beings do not seem to be aware that their attitude toward the divine world determines their destiny. Instead of bowing before the grandeur of God and glorifying Him, they are adopting increasingly careless and disrespectful behaviours which thwart His plans and introduce chaos in His creation. Man's worst enemy is pride; it is this self-important and arrogant attitude which leads him to his downfall. If he wants to save himself, he must learn to regard creation as sacred, to vibrate like the Aeolian harp with each breath of wind, with each current from heaven, to commune with the universe, with the Universal Soul and with the Cosmic Spirit. During this exchange, energies from the higher world work on him: elements of the greatest purity flow into his soul, while the dark elements leave and are absorbed in immensity.

(AUGUST 13, 2004)

Purity alone allows intuition to develop. That is why, in our teaching, we attach such great importance to purity: living a pure life, eating pure food, drinking pure drink, breathing pure air, having pure thoughts and pure feelings.

Man's destiny depends on the clarity of his 'inner eye', and this clarity depends on his way of life. As soon as he commits an error and violates divine laws his spiritual vision clouds over, so he is no longer forewarned or guided, and he becomes entrenched in inextricable complications. Therefore, always try to become aware of the relationship that exists between your day-to-day behaviour and the clarity of your vision. If you decide to live a straight, honest and noble life, you purify yourself, and your subtle organs start to function. That is how, with proper guidance and direction, you will again find the springs, the fields, the lakes, the meadows and the mountains of your true homeland.

(AUGUST 29, 1999)

Are we free or must we submit to the laws of destiny? People have argued over this question for thousands of years. It is an error to think that everybody is governed by the same laws. Those who obey only their instinctive animal impulses will be of course be obliged to submit to the fate predetermined by their own nature. Those who have learned to master their instincts and passions escape fate and come under the rule of providence or grace, to live in light and freedom. It is a mistake to think that everybody is free or, on the contrary, that everybody must

22

Can '**Prenatal** and **Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

submit to an inexorable destiny. No, freedom depends on each individual's degree of evolution. According to the way we think, feel or behave, we either succumb to the blows of fate or else attract the blessings of providence. So, whereas in some areas people are tied down to the laws of destiny, in others they can escape those laws and be free, until one day they finally achieve total freedom. **(SEPTEMBER 1, 1998)**

If you want to foster only the purest and most selfless inner attitudes, you must learn to be discriminating in your choice of thoughts and feelings. Just as we have a physical stomach, so do we also have a spiritual stomach. And just as we discard the skin and bones and shells of physical food, so must we also take care to discard the dirt and poison that contaminate our thoughts and feelings.

Those who neglect the question of nutrition on the psychic plane are preparing great tribulations for themselves. Our thoughts and feelings are the materials with which we build our subtle bodies, and if we build a hovel we shall never receive the visit of a prince or a high priest. Our only visitors will be derelicts, symbolically speaking. Each one of us builds our own etheric, astral and mental body, and our destiny is determined by the quality of these bodies, which attract either light or darkness, suffering or joy. **(SEPTEMBER 6, 1995)**

Disciples of an initiatic school must do all they can to settle harmoniously any problems with those near to them, otherwise, they will create new karmic debts. Why do members of the same family have to settle their arguments over money in court? Why are they not above all that? Why are they so attached to their own interests and possessions? It would be so simple to make a generous gesture and be free of this pettiness. To begin with, of course, such a gesture would not come easily – it would go against the grain and be a difficult step to take. But if a reconciliatory gesture could be given, whole new worlds and fresh insights would open up and these people would be the proudest and happiest of all, because they would have achieved something very hard to do: They would have conquered their inferior, greedy and possessive natures.

The lower nature ceaselessly counsels people to defend their interests with tooth and claw, even to the point of fighting in the courts of law. And these same people believe they are capable of following a spiritual teaching! But no, they are not. **(OCTOBER 28, 1998)**

Is man free? Thinkers and theologians have discussed this question for centuries; and if they have failed to reach agreement, it is because they are not asking the correct question.

Freedom is not a condition that is either given or not, once and for all, to humanity. The person who asks himself: 'Am I free?' must understand that in his present existence his freedom is very limited, because the present is the consequence of his past; and it is impossible to return to the past and change it. We must endure the past and digest it, and this is what we are doing in the present. But as far as the future goes, we are free, because with time we have the potential to create the future we wish for.

It is essential to grasp this truth, because it helps us to understand in what direction we must work. When we know we can shape the future, we no longer suffer the present, because we are preparing ourselves to become ever greater masters of our destiny. **(OCTOBER 25, 2003)**

Man's destiny can be compared to a journey by train: once he has got onto the train he is obliged to go where it takes him. However, he is free to leave his seat, to change compartments or even coaches, to walk up and down the corridors, to read or sleep or look at the countryside, to be silent or to talk to other passengers, to make the acquaintance of a charming young man or a pretty girl, to go and have lunch in the dining car, etc., or even to throw himself out of the

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

train and kill himself! He is both free and not free. In the same way, the conditions and elements that are at your disposal here on earth are predetermined, but you still have a certain amount of freedom of action and movement; the question is how to use the freedom you have, for it can be used in such a way as to free you completely or restrict your freedom even further.

(SEPTEMBER 10, 1987)

You are always dwelling on past mistakes and sufferings but, instead, try to look to the future. Think that you are a son or daughter of God and that your destiny is to come ever closer to your celestial Father, to manifest his qualities. Imagine this extraordinary state of blossoming, joy and fulfillment, and already you will be able to taste your destiny, you will have made it real.

When you are faced with an experience you dread – sitting an exam, undergoing surgery, appearing before a court – you worry for several days beforehand wondering how it will work out. And when you think you are about to meet your loved one, you can already feel the joy. So, if thought can make you anticipate the very near future with pleasure or otherwise, then why not the far distant future, also? The power of imagination is a reality and all disciples must learn to use it to speed up their evolution.

(OCTOBER 17, 1999)

Freedom is within us, but we can only gain access to it progressively as our links with Heaven become gradually closer. Our freedom lies in accepting God's plan for us, in neither rebelling against trials and tribulations nor in trying to avoid them, but in trying to understand what they mean and why we have to endure them. If we have this attitude Heaven will lighten our burdens. It may not change the actual events we are destined to experience, but it will give us the inner strength to confront them and we shall suffer less from them.

We should not seek for freedom on the physical plane but on the plane of consciousness. If we accept what God sends us and want to do his work, he who is the lord of all destinies will allow us to endure our trials as though they were not really trials, but only a source of spiritual enrichment. In this way we shall begin to learn how to use our freedom.

(OCTOBER 21, 1995)

Is man free? Thinkers and theologians have discussed this question for centuries; and if they have failed to reach agreement, it is because they are not asking the correct question.

Freedom is not a condition that is either given or not, once and for all, to humanity. The person who asks himself: 'Am I free?' must understand that in his present existence his freedom is very limited, because the present is the consequence of his past; and it is impossible to return to the past and change it. We must endure the past and digest it, and this is what we are doing in the present. But as far as the future goes, we are free, because with time we have the potential to create the future we wish for.

It is essential to grasp this truth, because it helps us to understand in what direction we must work. When we know we can shape the future, we no longer suffer the present, because we are preparing ourselves to become ever greater masters of our destiny.

(OCTOBER 25, 2003)

Heaven gives only credit to those who deserve it. When people are seen to be making sincere and disinterested efforts, trying to serve with all their heart and soul, Heaven cannot but give credit, so it pours out all its blessings on them. On the other hand, people who use their gifts from Heaven for their own benefit or to do wrong, receive no credit: Heaven withholds all blessings from them. That is why all spiritual traditions urge people to make good use of the gifts, qualities and riches they have been given, otherwise sooner or later Heaven will take back all those same gifts, qualities and riches: They may have distinguished themselves brilliantly in this life, but they will find themselves poor and naked in the next.

(NOVEMBER 8, 1999)

HOW TO SURPASS KARMA AND PREDESTINATION

Imagine that just when an initiate is about to reincarnate he is offered an unique and truly glorious mission on earth. At the same time he is warned that if he accepts he will have to suffer and endure contempt, defamation and disgrace, for it is only by triumphing over such tribulations that he will accomplish his mission. Of course, he will not find the prospect of what is in store for him very pleasant, but as it is the end that counts and not the means, he accepts. Then, when he reincarnates the Lords of Destiny take away his memory. He remembers nothing about his mission or about what he will have to endure, and when his trials are upon him he suffers just like everyone else. It is only later that he understands that Heaven has used him to carry out its glorious designs, and that if he had not suffered he would have accomplished nothing. Of course, not every human being can attribute his trials to a glorious mission entrusted to him by Heaven, but everyone should know that depending on the way they overcome their trials, Heaven will be able to tell whether or not it can count on them in the future.

(NOVEMBER 23, 1995)

HOW TO PAY KARMIC-DEBTS

Karma is the application of the law of cause and effect on human destinies. And because it is the application of a law, we cannot escape it; but we can pay it in different ways. Prayer is one form of payment, because into your prayer you put gold, in other words all that is best of your heart, your soul and your spirit. You realize your mistakes, you regret them and you promise to make up for them with good deeds, positive actions. So Heaven says: 'Since he regrets and wants to make amends, it means he has understood, so let's ease his trials.' Because what does Heaven want? That we improve ourselves. Heaven has no desire to quash us. What would it gain by that? Heaven desires only that our consciousness grows and that we become wiser, which is why, if we show ourselves to be thick-headed, it will continue to send us trials. If, however, it can see that we understand without the need to be subjected to all this tribulation, that is enough. Heaven is not resolute on destroying us.

(OCTOBER 12, 2002)

There are events which people cannot avoid because everything written in their destiny must take place, so in this sense they are not free. If we live reasonably we are granted only one freedom: we are permitted to pay our karmic debts in some way other than previously decreed. For example, suppose we are to be gravely ill and laid low for some time: this illness is a debt that has to be paid for some past transgression. But the debt can be paid in a different way by undertaking some serious spiritual work of prayer and meditation. Therefore, when our illness comes it will be less serious, since that part of our debt has already been paid with our work of light and love, and we shall be out of action for only a few days. Our spiritual efforts have strengthened our organism. The same principle applies to all trials of life. The moment we encounter a difficulty caused by some planetary aspect or the transit of some planet through our astrological chart, if we have already done serious spiritual work, accumulating 'money' – forces and energies – towards the settlement of our debts, we can confront our trials in the best possible conditions.

(MAY 8, 1999)

If somebody decides to follow a divine path and continues on that path without weakening, the Lords of Destiny – the Twenty-four Elders, who inhabit the Sephirah Binah – are obliged to accept that this person speaks their language, the language of stability, so they change the degrees that govern him. However, they are not in a hurry; they wait to see how long he perseveres. When he proves his ability to continue advancing faithfully, these Elders are almost

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

obliged to make a fresh entry in the book of his destiny, bringing in the element of providence, which means a state of grace. Grace is the Sefirah Chokmah, which is to be found on the Sephirotic Tree just above the Sefirah Binah. The Twenty-four Elders communicate with Chokmah and pass on this person's records with glowing references. Providence, therefore, has its origin in Chokmah. The preceding Sephiroth are subject to the laws of justice and karma, but when one enters Chokmah, where Christ dwells, one comes under the reign of grace or freedom. **(AUGUST 29, 1998)**

Just because you have chosen the path of good and light does not mean that right away your problems will be solved, that all difficulties will disappear and your road will be free and clear. Do not delude yourselves: as long as you have debts to pay for all the transgressions you have committed in the near or distant past, you will meet with difficulties and suffering. It is only after you have honestly acquitted yourself of your debts that the path will be clear before you. So, when you are confronted with trials, neither rebel nor succumb to discouragement. Instead, do your best to surmount them. Know that they are necessary and must not prevent you from continuing on the path of good and light, and from building your future. **(SEPTEMBER 20, 2003)**

Be it in the physical, moral or intellectual plane, all human beings arrive on earth with shortcomings, disabilities even. These shortcomings and disabilities may vary in severity, but they always have the same cause, which is that in their previous lives, these human beings have led unreasonable existences. All their mistakes have accumulated, condensed, solidified like growths and now they are faced with matter that resists. So, what can be done? Well, they can use the process in reverse, in other words make these growth dissolve by subjecting them to the fire of the spirit in order to create something altogether purer and more harmonious.

If someone decides to follow the divine path and never falters in his decision, the Twenty-Four Elders see that he speaks their language, the language of stability, and they (May alter the fate decreed for him. But they are in no hurry; they say, 'Let's wait and see if he perseveres.' And when they see that he continues faithfully on the right path, they are practically forced to rewrite his destiny and bring it under the rule of Providence or Grace. Grace belongs to the Sefirah Chokmah, the Sefirah next to Binah on the Sephirotic Tree of Life. The Twenty-Four Elders get in touch with Chokmah and send on this person's file, with a note of recommendation. The reign of Providence begins with Chokmah; all the other Sephiroth are under the rule of Justice and Karma, but when one enters Chokmah, the region of Christ, one comes under the rule of Grace, the rule, that is to say, of freedom. **(JANUARY 2, 1988)**

If you take, you must also give. And even if you do not take, you should still give. Why? Because in doing so you initiate movement, and you will receive something in return. Start, at least, by learning to give when you have taken; this will be a step in the right direction. Review your relationships with the people around you; look honestly at how you behave with your parents, your children, your friends, your society, as well as your attitude towards nature and, finally, with God. You will see that you have taken many things from being both visible and invisible without the slightest thought of giving anything in return. This means that you have accumulated debts. Well, know that you reincarnate in order to pay off all such debts.

Everyone without exception has a karma to deal with. Whether it be an individual or collective karma matters little. There are personal karmas as well as social, national and racial karmas, but it is not really necessary to concern yourself with those. What is important is simply to pay your debts, because justice demands it. And when you hear the word 'justice, a shiver should run through your entire being, for this word contains all the secrets of cosmic balance.

(JANUARY 11, 2000)

HOW TO SURPASS KARMA AND PREDESTINATION

'It's my life and I just want to do with it what I want.' This is how young people generally declare their independence. They want to live their life, yes, but what kind of life is that? An animal life or a divine life? People who think only of 'living their life' open themselves up a chaotic existence and what happens then is that they actually lose their life in the end. The disciple on the other hand knows that if he wants to save his life, he must devote it to the Lord, saying: *'Lord, I am beginning to realize that without You, without Your Light, without Your Intelligence I am nothing. I have been doing as I please and now I am sick and weary and feel ashamed of myself. I feel I am now ready to serve you. I devote my life to You so that finally I may be of some use to the world.'* The Lords of destiny will then take counsel and decide: 'From here on in we change your destiny.' And this decision will be published throughout all the regions in space. The angels and all the servants of Heaven will instantly comply and you will find that your life begins to change.

(JANUARY 22, 2002)

From both an educational and a psychological point of view it is unwise to tell people about their previous incarnations. The time will come, of course, when each of us must look at this question for the sake of our own evolution, but not before we have first acquired a certain degree of self mastery. Imagine being told that someone around you or even in your family has been your worst enemy in the past, that they persecuted you or massacred you. How would you react? If in this life we encounter certain people or belong to a certain family, it is because we have matters to sort out with these people or with members of that family. And what about those people who are told that they were powerful or famous in the past? Will they be sensible enough to avoid becoming excessively pretentious? If you are weak, if you lack self control, what will this lead to? Certain revelations are dangerous, because they risk troubling people or awakening desires for vengeance or ambitions that will hinder their evolution.

If it were so important to know our reincarnations, why does providence hide them from us? For one good reason: it anticipates the future and wishes us to stay in this state of ignorance so we may better rectify our past mistakes.

(JANUARY 27, 2000)

Instead of trying to shift the responsibility for your difficulties on to other people's shoulders, even rebelling against God Himself, reflect, meditate, and you will discover that these trials have their good side. There are many qualities we cannot develop as long as we have not passed through some suffering: setbacks, illness, and even the enmity of our fellow human beings. Yes, that is why I explain that our enemies are often friends in disguise, because it is they who force us to make the effort to progress.

Jesus said, *'Love your enemies,'* and many people find this impossible, insane even. How can we love people who have done us harm? The only way to love them is by discovering in them the friends in disguise, sent us by Providence, to make us advance along the path of self-mastery and freedom.

(MARCH 2, 1998)

The difficulties and sufferings that we meet with in life have been sent to us by higher Beings, who act with perfect justice. If we rebel against them, Divine Justice will have to double our punishment. The same principle applies in earthly punishment: if a prisoner tries to escape he is taken back to his cell and his term is lengthened. If he rebels and tries to escape again, human justice will, once again, prolong his prison term. What happens on earth is simply a reflection of what happens in the invisible world. If we rebel against the destiny that has been meted out to us in accordance with Divine Justice, we shall only suffer even more. Justice will oblige us to go back to prison (our difficulties) and stay there twice as long. The only way to hasten the day of our liberation is to want to make reparation for our errors, and to try to advance and put ourselves in the service of the Lord.

(APRIL 11, 1988)

Can **'Prenatal and Perinatal Education'** as well as **'Spiritual Electroplating'** change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

It is the Thrones, the angels of the sephirah Binah, also known as the Twenty-four Elders, who decree the destiny human beings will meet with in their next incarnations, according to how they have lived in previous lives. But these orders are executed by others: the angels of the sephirah Chesed or Geburah. If people need punishment, if it is necessary to subject them to trials in order to teach them truths they have stubbornly ignored, the Twenty-four Elders will not execute this themselves, but will send the angels of Geburah to subdue these recalcitrant individuals. And when, on the other hand, people deserve rewards, it is the angels of Chesed who come and smooth the way and shower them with blessings. Each angelic hierarchy has a task, a specific mission: the Aralim, the angels of Binah, pronounce judgement; the Seraphim, the angels of Geburah, establish trials and punishments; and the Hashmalim, the angels of Chesed, distribute blessings and rewards. **(JUNE 28, 2000)**

There are people who decide to do away with themselves rather than face up to trials and suffering; they do not know that, in fact, the consequences of this action will lead to much harder ordeal. Nobody has the right to decide when he will die, because if he does, he is a deserter and will have to pay with further suffering. If people try to enter Heaven before their time, they will be told to go away because there is no room for them, and they will be obliged to wander in the lower astral plane for as long as they were destined to live on earth. Someone who decides to commit suicide demonstrates a seriously flawed frame of mind. First, it shows that he is ignorant: he does not understand the reasoning behind the trials he must experience. Next, he is proud: he thinks he knows better than Heaven what he deserves. Finally, he is weak: he cannot put up with difficulties. Now it is clear: someone who commits suicide is ignorant, proud and weak. In addition, he has abandoned his given role in life and this displeases the divine world. Heaven cannot respect somebody who does away with himself, because in doing so, he places himself above the Lord of all destiny and must, in consequence, submit to great suffering. **(JULY 26, 1998)**

By rejecting the concept of reincarnation and by refusing to teach it, Christianity is preventing people from understanding divine justice and the way in which it manifests itself. It comes as no surprise therefore, that everything consequently seems senseless. When you do not see the true reason for situations or events, they become incomprehensible and you end up seeing injustice everywhere. Faced with suffering and unhappiness Christians say: 'It is God's will.' They themselves – unbelievably – have done nothing to cause this suffering; they are not responsible for anything. Only God is responsible. God does as He pleases and what pleases Him is not based on justice.

All Christianity has achieved by rejecting the concept of reincarnation is to make the human spirit lose its way. Whereas with reincarnation everything becomes clear. Reincarnation explains how the law of cause and consequence manifests itself from one incarnation to another. It is no longer the Lord who dishes out good things and bad things in such a way that nobody can ever understand the reason. People become the creators of their own destiny. The greatness, the splendor, the perfection and, especially, the justice of God are thus maintained.

(AUGUST 4, 2000)

If somebody decides to follow a divine path and continues on that path without weakening, the Lords of Destiny – the Twenty-four Elders, who inhabit the Sephirah Binah – are obliged to accept that this person speaks their language, the language of stability, so they change the degrees that govern him. However, they are not in a hurry; they wait to see how long he perseveres. When he proves his ability to continue advancing faithfully, these Elders are almost obliged to make a fresh entry in the book of his destiny, bringing in the element of providence,

HOW TO SURPASS KARMA AND PREDESTINATION

which means a state of grace. Grace is the Sephirah Chokmah, which is to be found on the Sephirothic Tree just above the Sephirah Binah. The Twenty-four Elders communicate with Chokmah and pass on this person's records with glowing references. Providence, therefore, has its origin in Chokmah. The preceding Sephiroth are subject to the laws of justice and karma, but when one enters Chokmah, where Christ dwells, one comes under the reign of grace or freedom. **(AUGUST 29, 1998)**

You think you are plagued by injustice? Well, begin by telling yourself: 'It is only temporary. It won't last.' And if you then bear these injustices with patience, humility and love, you will one day come out the winner. Even the best of people can fall victim to injustice, but if they have truly progressed along the road of evolution and have not been held up despite all the obstacles they have encountered, Heaven and Earth have vowed to give them everything they deserve. This is an immutable law. So why worry? There is no need for you to ask yourself whether the entities who are in charge of your destiny are intelligent and good, or whether they have fallen to asleep and have forgotten you. Only ask yourself if you are doing your work properly. Because those entities know their work perfectly and when the time comes not only will they restore all your rights, you will also be rewarded a hundred times over. **(SEPTEMBER 26, 2000)**

If you want to transform, remodel your temperament, your tendencies, your habits, your heredity even, you must call upon the celestial fire. Once you have attracted this fire within you, you will maintain it so that it dissolves your matter and they by using your thought you will work relentlessly to make new creations within you. **(SEPTEMBER 27, 2002)**

KARMA, SPIRITUAL TEACHERS AND DISCIPLES

It is possible for a spiritual master to intervene in the life of his disciples, but he does not normally do so because he respects the laws of destiny. We cannot avoid paying our debts. We may do so promptly or not so promptly, but we have to pay. It is important to know that in order to advance our evolution there are certain debts that should be paid very quickly. It is in cases of this kind that a master may agree to intervene in the life of a disciple and free him from the constraint of circumstances that stifle his inner impulses of truth, wisdom and love. Only a disciple who pursues his quest for truth with real sincerity, however, will be worthy of such intervention. A master will not change the destiny of just anyone, he will only do it for a disciple if he really merits it, otherwise it would be useless; if his heart is cold and his intellect clouded, even a master cannot change him. **(APRIL 6, 1995)**

When a great spiritual master sees the extent of human suffering and goes to the Lords of Destiny – the Twenty-four Elders – saying, 'Even though I am free to stay here eternally to enjoy all the glories of Heaven, please grant me leave to go down to help human beings,' they give him the freedom to do so. But once he is on earth he must submit to the constraints of the physical plane: to hunger, cold, fatigue, illness and death. Although his spirit comes from very high, once he has accepted to descend into matter, he must submit to material laws. Of course, thanks to the power of spirit, he is more able than most to cope with conditions on earth. But the physical world remains the physical world; and however great he may be, a spirit who decides to

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

HOW TO SURPASS KARMA AND PREDESTINATION

incarnate into matter must struggle without cease to master that matter, and to recover the freedom he possessed on high. **(AUGUST 20, 1998)**

The earth is a school and all the things that we find on earth are lessons; lessons that come from every quarter. If you fail to understand the lessons of destiny it will continue to torment you. The Invisible World sends Masters to instruct human beings and thus facilitate their evolution, but if they refuse their lessons, other means are used: failures, illness, poverty and so on, and these 'instructors' are quite merciless. If you do not want to be taught by such fearful instructors, you would be well-advised to accept the lessons that your Master is giving you. When one is not spontaneously ready to learn the divine laws, one is whipped until one learns them!

(OCTOBER 3, 1987)

Few people have an understanding or even an intimation of the role a spiritual master can play in guiding their destiny. They do not want to know all that a moral and philosophical teaching could do to rectify, improve and harmonize their lives, because they tell themselves that with such a teaching they would no longer have any peace. It would endlessly emphasize their weaknesses and the danger of the paths on which they often embark. If they failed to follow the rules, they would feel guilty, and this they could not tolerate. It is a pity, because with this attitude they will face far greater suffering and restraints than those they would endure if they followed the recommendations of a master.

(NOVEMBER 4, 2004)

In order to transcend the limits of his consciousness, the disciple of initiatic science must learn to project himself to great heights, to the sublime Being who embraces and nourishes every creature. The disciple seeks to know how this Being envisions man's destiny, what plans He has in mind for his own evolution, both in the near and the distant future. It is in striving to draw closer and closer to this immense, luminous and perfect Being that the disciple is able to surpass himself. A work takes place within him, in his subconscious, in his consciousness and in his superconsciousness and what he then feels and experiences is indescribable. This practice is one of the most beneficial for the disciple: by devoting himself to it every day, he is able to distance himself from his limited ego and dissolve into this ocean of light within is God. It is here that he finds the true measure of knowledge, fulfillment and freedom.

(JANUARY 5, 2003)

Whatever you may say, it is your behaviour which proves whether or not you have faith. By your behaviour you demonstrate whether your faith is sustained by your love, your intelligence, your knowledge and your willpower. To believe in God is to know one is a son or daughter of God, and to strive to live in accordance with this relationship. A child of God knows not only that he is heir to the qualities and powers of his heavenly Father and Mother, but that he must do everything possible to develop them and thus become master of his destiny. Every action that is not inspired by true wisdom and love produces toxic matter in a human being which prevents the manifestation of his divinity. One who knows that God is his Father has only to clear and purify the space between this Father and himself.

(FEBRUARY 2, 2004)

Even among the disciples of a master, many in fact do not truly follow his teaching. If they analyse themselves they will see that they are still enthralled by all sorts of concerns which are not at all spiritual. There are a few bits that they accept from their master or from Jesus or other spiritual masters so that their conscience is clear, but they mix them up with all sorts of trivialities: what a certain politician, a certain intellectual, a certain artist said, wrote or created. I am not suggesting that you should not be interested in such matters, but there are so many

HOW TO SURPASS KARMA AND PREDESTINATION

more important things! Yes, it is more important to be interested in the creatures who inhabit the luminous regions in space, in their work and in the laws that govern human destiny, because this is where our true life lies. It is not found in what the newspapers, the radio or television recount, but in this essential, eternal world in which we must at last participate. **(FEBRUARY 25, 2003)**

True Christianity basically concerns a work with the mind: prayer, meditation and contemplation. Unfortunately, it has been a long time since Christians had the ideal of Jesus; instead they adopted the ideal of the Church. They have neglected the great truths and most important dictates of the Gospels, and what took their place? Jesus said: '*Be perfect as your Father who is in Heaven is perfect.*' These few words are amongst the most essential ever spoken about the divine predestination of man.

Does the Church really worry about that? No. And if someone is inspired by the spirit of the Gospels and decides to work at coming closer to the perfection of the Heavenly Father, there will always be priests and ministers who will say, 'What arrogance! It's insane!' Of course ... the teaching of Jesus about perfection leads to pride and insanity! According to them, a person must be humble and reasonable: go to mass on Sunday, take a few drops of holy water, mumble some prayers, receive the host and give away a few pennies. And if that person goes home still as nasty and dishonest as ever, it does not matter. Well, unfortunately, the best proof that this understanding of the Gospels is inadequate is that people are not becoming better beings.

(APRIL 8, 2001)

Nature is alive and intelligent. Yes, intelligent. It is not only human beings who possess the faculty of intelligence. Of course some find this difficult to admit, but they must realize that as our opinion of nature changes, so we change our destiny. Nature is the body of God. If we think it is dead and stupid we diminish life within us. On the other hand, if we think that nature is alive and intelligent, that stones, plants, animals and stars are also alive and intelligent, we also introduce life into ourselves. And since nature is alive and intelligent we must be extremely attentive towards it, and respectful of it, and look upon it with a feeling of sacredness. **(AUGUST 30, 1999)**

Most Westerners are a long way from understanding the part a master can play in steering their destiny, everything his presence can improve, put right and bring harmony in their lives. And even if some have a master, in practice they are more open to all kinds of trifles and frills than to him. They consider the master to be merely a small ornament, a minor decoration.

Unlike Westerners, Orientals are aware they need a master to give them direction in life and when they have found him, they respect him, they do not doubt him. The master is like a door to them, which will give them access to the divine world. And it does not matter to them if this master is neither omniscient nor omnipotent. The image they hold of him in their heads, in their hearts, is omnipotent. It is this inner master who opens doors to them. **(SEPTEMBER 3, 2000)**

Jesus said, '*Be perfect as your heavenly Father is perfect.*' Therefore, whatever your failings, whatever your problems and your suffering, never forget that your real future, your ultimate destiny, is to become like God Himself. If you forget this wisdom, this light, do not be surprised if you are never free of disappointment, sorrow and despair. And later on, of course, you will be a case for the doctors. So many people come to the brink of disaster! They are said to be depressed, neurasthenic, neurotic...there is no end to the scientific labels! But in fact it is always the same illness: a disregard for man's true nature, for his divine essence and his final destiny, which is to return to the womb of the Eternal. Therefore, hold fast every day to the notion of this luminous future. **(NOVEMBER 15, 2004)**

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**

APPENDIX: BOOKS

– BIBLIOGRAPHY –

Prenatal Education, Spiritual Electroplating

- Bradley Boatman: *A Gift for the Unborn Children* (Vidéo)
- Geoffrey Hodson : *The Miracle of Birth* (Brochure 1929)
- Peter Deunov *The Woman, Source of Love and Life* (Brochure)
- Omraam Mikhael Aivanhov
 - *Education Begins Before Birth* (Book 1984)
 - *Hope for the World: Spiritual Galvanoplasty* (Book 1984)
- Denise Tiran:
 - Natural Remedies for morning sickness and other Pregnancy Problems* (Book 2001)
- Denise Tiran, Sue Mack
 - Complementary Therapies for Pregnancy and Childbirth* (Book 1995)
- Carista Luminaire Rosen, Ph. D.: *Parenting begins before conception* (Book)
- David Chamberlain *Babies remember Birth* (Book)
- Thomas Verny, Pamela Weintraub:
 - *Life before Birth*
 - *Pre-Parenting, nurturing your child from conception, questions medicals* (Book 2001)
- Ina May Gaskin: *Spiritual Midwifery* (Book 1990)
- Frédéric Leboyer *Birth without Violence*
- Jean Liedloff: *The Continuum Concept, in search of happiness lost* (Book 1985)
- Aviva Jill Romm: *The Natural Pregnancy Book* (Book 2003)
- Susan S. Weed: *Wise Woman Herbal for the Childbearing Year* (Book 1986)

* * *

EDITION HEAVEN ON EARTH

(ALL ADOBE-FILES)

THOUGHTS OF A SPIRITUAL TEACHER

OMRAAM MIKHAËL AÏVANHOV:

- A correct understanding of Good and Evil (F)
- A new Light on Prayer
- A new Understanding of Health
- A Servant of God
- Angels & the Tree of Life (F)
- Becoming a Spiritual Disciple (F)
- Christ, Christians & Christianity (F)
- Education – *Guidelines for Parents* (F)
- Explanations on Heredity (F)
- Guidelines for Spiritual Work
- How to master Habits (F)
- How to surpass Karma & Predestination (F)
- How to work with Talismans
- Interpretations of the Gospel
- Life and Death
- Magic in everyday life
- Master & Discipleship (F)

HOW TO SURPASS KARMA AND PREDESTINATION

- Meditation as the Gateway to harmonious living
- Means to bring 'Heaven on Earth'; *Prenatal Education & Spiritual Electroplating* (F)
- Music and Creation
- Nutrition for a successful life
- Only Beauty can save the World
- Proper knowledge of Human and Divine Justice
- Purity as the Key to Self-Realisation
- Real Freedom (F)
- Reflections on Birth (F)
- The Cosmic meaning of Marriage (F)
- The different aspects of 'Clairvoyance & Intuition' (F)
- The Importance of having an High Ideal
- The Kingdom of God & His Righteousness
- The Laws which govern the Universe
- The Power of Thought
- The Quintessence of Christianity
- The Reasons behind Suffering
- The Relationship between Colours & the Aura
- The Sublime Origin and Goal of Sexuality and the Sexual Force
- The Sun & the Sunrise-Meditation; *working with the Divine Image*
- The true Task of Art (F)
- The Universal Brotherhood of Light
- Traditions, the Gospels & the Holy Scriptures
- True Happiness (F)
- True Love (F)
- Working with Light

(F) = also in French available; (D) = also in German available

BENJAMIN CHRIST: « Let's create 'Heaven on Earth' » (D)

PETER DEUNOV : « The woman – Source of Love and Life »

* * *

EDITION PROSVETA

OMRAAM MIKHAËL AÏVANHOV

(AVAILABLE IN EVERY GOOD BOOKSHOP)

- COMPLETE WORKS -

THE SECOND BIRTH

Table of contents

1. The Second Birth
2. 'Ask, and it Shall be Given to You. Seek, and You Shall Find. Knock, and it Shall be Opened to You.'
3. Truth is Hidden in the Eyes
4. Wisdom is Hidden in the Ears
5. Love is Hidden in the Mouth
6. Love, Wisdom and Truth
7. The Master of the Universal White Brotherhood - Peter Deunov
8. The Living Chain of the Universal White Brotherhood.

Summary

To be born a second time is to be born to a new life, the life of the Kingdom of God, the life of the great Universal White Brotherhood.

Two thousand years ago, in Palestine, Jesus gave us the key to all spiritual work, when he said, Unless a man be born of water and the Spirit, he cannot enter into the Kingdom of God. Today, the Master Omaam Mikhaël Aïvanhov interprets these words for our benefit. The water Jesus speaks of is Love; the Spirit, fire, is Wisdom, and Love and Wisdom unite to give birth to Truth which is the new life. In his commentary, the Master Omraam Mikhaël Aïvanhov shows how these three virtues of Love, Wisdom and Truth, correspond to man's psychic structure composed of heart, mind and will. Explaining that our physical bodies mirror our psychic being, he shows how Cosmic Intelligence has inscribed the secret of love in our mouths, that of wisdom in our ears and that of truth in our eyes.

This volume, which is the first of a series, sets out the essential foundations of Omraam Mikhaël Aïvanhov's Teaching and reveals the vast scope of his thought in which Holy Scripture, esoteric symbolism and the sciences of man and of nature meet and complete each other in one all-embracing synthesis.

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

SPIRITUAL ALCHEMY

Table of contents

- | | |
|--|--|
| 1. Gentleness and Humility | 7. The Feet and the Solar Plexus |
| 2. 'Except Ye Die Ye Shall Not Live' | 8. The Parable of the Tares |
| 3. Living in Conscious Reciprocity with Nature | 9. Spiritual Alchemy |
| 4. The Unjust Steward | 10. Spiritual Galvanoplasty |
| 5. Lay Up for Yourselves Treasures | 11. The Mother's Role During Gestation |
| 6. The Miracle of the Loaves and Fishes | |

Summary

True Alchemy does not consist in the spectacular transmutation of base metals into gold, but in the spiritual transmutation of man's own matter. Grains of sand are transformed into pearls; summer sees twisted, blackened vine-stocks burst into leaf and bow beneath the weight of their grapes; caterpillars are metamorphosed into butterflies; galvanoplasty transforms a drab piece of base metal into a golden ornament... All these different ways of transforming things are familiar to us but we have never studied them sufficiently closely to realize that they contain the secret of our own inner metamorphosis. If a tree, for instance, is capable of transforming the raw mineral nutrients it draws from the soil into the sugarsap which enables it to produce flowers and fruits, why should man not do likewise ? Why should we not be capable of transforming the raw juices of our instincts and passions so that they produce a rich harvest of flowers and fruit, in the form of vitality in our physical bodies, love and joy in our hearts and understanding and wisdom in our minds ?

LIFE FORCE

Table of contents

- | | |
|---------------------------------------|-------------------------------|
| 1. Life | 7. Unwanted Guests |
| 2. Character and Temperament | 8. The Strength of the Spirit |
| 3. Good and Evil | 9. Sacrifice |
| 4. Pitting Oneself Against the Dragon | 10. A High Ideal |
| 5. Presence and Absence | 11. Peace. |
| 6. Thoughts are Living Entities | |

Summary

Human beings come and go, work and play, and busy themselves with all kinds of things, never realizing that their life is growing dim and dirty because they do nothing to protect it. They think that the life they have received is theirs to dispose of, and that they have a right to use it for pleasure or become rich, learned or renowned, as they please. So they draw on their reserves without restraint until, one day, they find themselves utterly spent and obliged to abandon all their activities. It is completely senseless to behave like that for, once we have wasted our supply of life, we have no other resources to fall back on.

The Sages have always said that the only thing that is essential is life itself, and that we must protect, purify and sanctify it and eliminate whatever may hinder or prevent it from developing. And, if we do so, life will give us everything else: health, strength, power, intelligence and beauty - everything ! The highest form of magic, the highest form of White Magic is to lead a pure, luminous life."

HARMONY

Table of contents

- | | |
|---|--|
| 1. Harmony | 7. Meditation |
| 2. Medical Science Must be Based on Initiatic Science | 8. The Human Intellect and Cosmic Intelligence |
| 3. The Future of Medicine | 9. The Solar Plexus and the Brain |
| 4. A Disciple Must Develop His Spiritual Senses | 10. The Hara Centre |
| 5. What Can We Learn From a House ? | 11. The Initiatic Heart |
| 6. How Thought is Materialized on the Physical Plane | 12. The Aura. |

Summary

'Meditate on harmony, love it, long for it so as to introduce it into your every gesture, every look, every word. Let the word "harmony" impregnate you; keep it within you as a kind of pitch pipe, and when you are feeling worried or upset, take it out and listen to it and do nothing until your whole being is in tune with it once more. In the morning, when you wake, remember to begin your day by tuning yourself to the world of universal harmony... When you enter a house let your first thought be: "May peace and harmony reign in this house".

THE MYSTERIES OF YESOD The bases of spiritual life

Table of contents

- | | |
|--|-----------------------|
| Yesod reflects the Virtues of All the Sephiroth | The River of Life |
| Part I. Purity : Purity is a Question of Nourishment | Purity and Peace |
| Sorting and Selecting | The Magic of Trusting |
| Purity and the Spiritual Life | Purity and Speech |
| Purity in the Three Worlds | To Find Purity |

34

Can '**Prenatal** and **Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

Blessed are the Pure in Heart
The Gates of the New Jerusalem
Part II. Love and Sex

Part III. Realization - The Spring
Fasting - Washing - The Real Baptism
The Angels of the Four Elements.

Summary

Yesod, the ninth Sephirah on the cabbalistic Tree of Life, is the symbol of a pure life. Taking purity as the basis of his spiritual teaching (Yesod means 'base' in Hebrew), Omraam Mikhaël Aïvanhov renews in our times the sense and significance of the ancient Initiations enriched by his own innumerable discoveries. He has personally practised and experimented at length with the rules and exercises he proposes for our use ; their purpose is to liberate man and awaken in every fibre of his being the vital, harmonious forces of Divine life.

THE SPLENDOUR OF TIPHARETH

Table of contents

1. Surya-yoga - The Sun, Centre of our Universe
2. Obtaining Etheric Elements from the Sun When We Gaze at the Sun Our Soul Begins to Resemble it
3. Our Higher Self Dwells in the Sun
4. The Creator Sows Seeds in Us and the Sun Makes Them Grow
The Sun Reflects the Blessed Trinity
5. Every Creature Has a Home - The Seven Beads of the Rosary
6. The Master and the Seven-bead Rosary
Every Creature Needs to Own and Protect its Dwelling Place - The Aura
7. The Heliocentric Point of View
8. Love as the Sun Loves
9. A Master Must be Like the Sun and Remain at the Centre
Some Prayers to Say at Sunrise
10. Rise Above the Clouds - The Sephirah Tiphareth
11. The Spirits of the Seven Lights
12. The Prism, Symbol of Man
13. A New Heaven and a New Earth - Spiritual Grafting
14. The Sun Has the Solution to the Problem of Love - Telesma
15. The Sun is in the Image and Likeness of God - 'In Spirit and in Truth'
16. Christ and the Solar Religion
17. Day and Night -Consciousness and the Subconscious
18. The Sun, Originator of Civilization
A Disciple's Clairvoyance Must Begin on the Highest Levels
19. The Sun Teaches Unity - The Power of Penetration
20. The Sun Teaches by Example - The Sun, Heart of our Universe
21. Three Kinds of Fire
22. Making Everything Converge Towards One Goal.

Summary

When we focus our attention on the sun, the centre of our universe, we draw closer to our own centre, our higher self, the sun within; we melt into it and begin to resemble it more and more.

But to focus our attention on the sun also means to learn to mobilize all our, thoughts, desires, and energies, and put them to work in the service of the highest ideal. He who works to unify the chaotic multitude of inner forces that constantly threaten to tear him apart, and launch them in the pursuit of one, luminous, beneficial goal, becomes a powerful focal point, capable of radiating in every direction. Believe me, a human being who masters the tendencies of his lower nature can benefit the whole of mankind. He becomes as radiant as the sun. His freedom is such that his consciousness embraces the whole human race as he pours out the superabundance of light and love that dwell within him.

The world needs more and more human beings capable of dedicating themselves to this work with the sun, for only love and light are capable of transforming humanity.

THE KEY to the Problems of Existence

Table of contents

1. The Personality
2. Jnana-yoga
3. Giving and Taking
4. Evil is Limited, Good is Limitless
5. Eternal Happiness
6. Fermentation
7. Which Life ?
8. The Image of the Tree - The Individuality Must Consume The Personality
9. Working on the Personality
10. The Personality Keeps You from Reflecting the Sun
11. Identify with the Individuality
12. The True Meaning of Sacrifice
13. The Balance Restored
14. Render Therefore Unto Caesar
15. The New Philosophy
16. The Personality Devoured by The Individuality
17. Call On Your Allies
18. The Further Down, The Less Space
19. Your Inner Animals
20. But Which Nature ?
21. Sexual Sublimation
22. Toward Universal Brotherhood.

Summary

This book shows us that our 'personality', that inner force of which we are all aware and which so often leads us astray, can be a precious ally rather than an enemy. Instead of waging a losing battle against our lower nature, we can learn to control and use it to elevate ourselves. In doing so we gradually discover the existence of a higher

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

psychic power within us, our 'individuality', which is above all contingencies and conflicts and is capable of using them to create inner harmony and true fraternal bonds.

COSMIC MORAL LAWS

Table of contents

1. 'As You Sow, So Shall You Reap'
2. The Importance of Choice - Work not Pleasure
3. Creative Activity as a Means of Evolution
4. Justice
5. The Law of Affinity : Peace
6. The Law of Affinity : True Religion
7. The Laws of Nature and Moral Law
8. Reincarnation
9. Don't Stop Half-Way
10. Know How to Use Your Energies
11. How to Distil the Quintessence
12. The Moral Law Exemplified in a Spring
13. Why Look for Models in the World Above
14. Man Creates in the Invisible World by Means of his Thoughts and Feelings
15. We must not Sever the Link Between the World Below and the World Above
16. If You Are Light You Will Seek the Company of Light
17. Duplicates - New Recordings
18. Morality Comes into its Own in the World Above
19. Example ist the Best Teacher
20. Turn the Other Cheek.

Summary

True morality is everywhere manifest in Nature, the extension of the natural laws that govern our psychic life. When human beings break these laws they pay by suffering or illness. The reader will no doubt be surprised to learn that true morality is not a limitation; on the contrary it confers tremendous freedom and increases our power of action. If we obeyed these laws both in our own lives and in our dealings with others, the result would be the ideal society.

A NEW EARTH Methods, exercises, formulas, prayers

Table of contents

1. Prayers
2. A Daily Programme
3. Nutrition
4. Actions
5. Overcoming the Evil Within
6. Methods of Purification
7. Human Relations
8. Man's Relations with Nature
9. The Sun and the Stars
10. Mental Work
11. Spiritual Galvanoplasty
12. The Solar Plexus
13. The Hara Centre
14. Methods for Working with Light
15. The Aura
16. The Body of Glory
17. Formulas and Prayers.

Summary

A great many people today feel the need for some practical methods that will help them to grow spiritually. A New Earth responds to that need. It contains a number of simple, effective, spiritual exercises taken from the thousands of lectures given by the Master Omraam Mikhaël Aïvanhov over a period of nearly fifty years. Some concern our everyday life: nutrition, breathing, hygiene, purification, and our relationships with nature and other human beings. Others touch on questions that are more directly spiritual: meditation and prayer, the development of our psychic centres, or chakras, the aura, the body of glory, and so on. All these methods grow out of that immense body of knowledge known as initiatic science, the principal goal of which is the advent of the 'new heaven and the new earth' announced in scripture.

LOVE AND SEXUALITY

Table of contents

1. The Masculine and Feminine Principles
The Love of God, the Love of Others, Self Love
2. Taking the Bull by the Horns - The Caduceus of Mercury
3. The Serpent -Isis Unveiled
4. The Power of the Dragon
5. Spirit and Matter - The Sexual Organs
6. Manifestations of the Masculine and Feminine Principles
7. Jealousy
8. The Twelve Doors of Man
9. From Yesod to Kether : The Path of Sexual Sublimation
10. The Spiritual Screen
11. Nourishment and Love
12. Woman's Role in the New Culture
13. The Initiatic Meaning of Nudity
14. Exchanges and Relationships
15. Wealth and Poverty
16. To Love is the Work of the Disciple
17. Love in the Universe
18. A Wider Concept of Marriage I
19. The Twin-Soul
20. Everything Depends on Your Point of View
21. A Wider Concept of Marriage II and III
22. Analysis and Synthesis
23. Like the Sun, Love Brings Order to Life
24. Mother Love
25. The Meaning of Renunciation
26. The Bonds of Love
27. Youth and the Problem of Love - The New Currents

36

Can '**Prenatal** and **Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

Marriage - Why Self-Control - The Need for a Guide

Give Your Love to God First.

Summary

This book could change your life. It provides the key to your evolution as a human being, as a child of God. This book explains that by simply gratifying your sensual nature, you feed only your lower self - which is limited in consciousness and which can never bring true joy or fulfillment. It shows the sacred purpose of the creative force within, and tells you how to make it become a dynamic source of life and energy which nourishes your higher self, bringing joy, rapture and self-perfection. This new way of living will create a Golden Age in which all humanity will exist as one-using its love to create a world of unparalleled splendour and beauty.

LOVE AND SEXUALITY

Table of contents

1. A Question of Attitude
2. True Marriage
3. The Sun is the Source of Love
4. The Goal of Love is Light
5. The Manifestations of the Masculine and Feminine Principles
6. Master or Mistress ?
7. Vestal Virgins ; the New Eve
8. Materialism, Idealism and Sexuality - 'On Earth as in Heaven'
9. Heart and Mind ; the Universal White Brotherhood
10. Seek the Soul and the Spirit
11. Restoring Love to its Pristine Purity
12. Love Transforms Matter
13. Love and Identification
14. The Task of a Disciple
15. Open Yourself to Others and They Will Love You
16. Tantra-Yoga
17. Emptiness and Fullness : the Holy Grail
18. Love is Everywhere
19. Look for Love at its Source
20. Know How to Use Your Powers of Love
21. A Broader Concept of Marriage, Part IV
22. It Rises from Earth and Descends from Heaven
23. The Secret of Happiness is in an Expanded Consciousness
24. 'Whatever you Bind on Earth'
25. Love God so as to Love Your Neighbour Better
26. Live Lovingly
27. Our Only Weapons: Love and Light
28. Never Stop Loving
29. Towards a Broader Concept of the Family.

Summary

There are several possible attitudes towards love. You can eat it, you can drink it, and you can breathe it, but you can also live in it. Those who eat love remain on the physical plane and are never fully satisfied because they are content with pleasures of a lower order. The pleasures of those who drink love are less crude, but they are still confined to the delights and satisfactions of the astral plane. The philosophers, writers and artists who have managed to reach the mental plane are those who breathe love; love is the constant source of their inspiration. Only those who live in love, in the subtle, etheric dimension of love, truly possess it. For them it is light in the mind and warmth in the heart and they can pour out that light and warmth on those around them. Those who live in this love possess all fullness."

KNOW THYSELF: JNANA YOGA

Table of contents

1. 'Know Thyself'
2. The Synoptic Table
3. Spirit and Matter
4. The Soul
5. Sacrifice
6. Food for the Soul and the Spirit
7. Consciousness
8. The Higher Self
9. Truth
10. Freedom.

Summary

Know thyself was the maxim inscribed on the pediment of the temple at Delphi. What is this 'self' that we have to know? Is it a question of knowing our own vices and virtues, our strengths and weaknesses? No: to know oneself is to know the different bodies (the physical, etheric, mental, causal, buddhic and atmic bodies) of which we are formed and what each of these bodies needs. If the initiates of old insisted so much on the necessity of self-knowledge it was because this knowledge opens up tremendous possibilities for growth, progress and success. As long as man is ignorant of the needs of his higher self, he will continue to surfeit his physical body while his soul and spirit suffocate and die of hunger and thirst."

KNOW THYSELF: JNANA YOGA

Table of contents

1. Beauty
2. Spiritual Work
3. The Power of Thought
4. Knowledge: Heart and Mind
5. The Causal Plane
6. Concentration, Meditation, Contemplation and Identification
7. Prayer
8. Love
9. The Will
10. Art and Music
11. Physical Gestures
12. Respiration.

Summary

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

Know thyself! All science and all wisdom lies in knowing oneself, in finding oneself, in the fusion of one's lower self with one's higher self. The symbol of the initiate who has succeeded in finding himself is the serpent with its tail in its mouth. A serpent forms a straight or wavy line, and a line is limited. But the serpent with its tail in its mouth forms a circle and a circle represents the infinite, the limitless, the eternal. He who succeeds in becoming a circle enters a world without limitations where the 'above' and the 'below' are no longer separated, because all the powers and all the riches and virtues of the true, higher self have been infused into the lower self. The higher and the lower become one and man becomes a divinity.

A NEW DAWN: Society and Politics in the Light of Initiatic Science (I)

Table of contents

- | | |
|--------------------------------------|--|
| 1. The Age of Aquarius | 5. True Economics |
| 2. The Dawn of Universal Brotherhood | 6. Wealth |
| 3. Youth and Revolution | 7. Aristocracy and Democracy |
| 4. Communism and Capitalism | 8. Politics in the Light of Initiatic Science. |

Summary

Man was built by Cosmic Intelligence in such a way that he can fulfil himself and attain his full stature only by maintaining ties with a higher world from which he receives light and strength. When human beings rely exclusively on their own limited intellect they deprive themselves of true understanding, and it is this lack that is the cause of all their disastrous mistakes. When men are motivated only by a lust for material possessions and power and act in total disregard for the plans of Cosmic Intelligence, they stir up layers of the physical and psychic atmosphere and arouse formidable forces whose fury is turned against them. The Age of Aquarius will soon be upon us and the tremendous upheavals accompanying it will oblige human beings to understand the reality of the invisible world and the laws that govern it. But the beauty, splendour and harmony of the new life that will emerge from these upheavals will be beyond anything imagined by man. All those who have been secretly working for the coming of the Kingdom of God throughout the world will join forces and work together, and the bastions of ignorance, materialism and despotism will crumble and collapse. This I tell you. And it will be: nothing can prevent the coming of the new era, the new Golden Age."

NEW DAWN: Society and Politics in the Light of Initiatic Science (II)

Table of contents

- | | |
|----------------------------|---|
| 1. Forms and Principles | 4. The Cosmic Body |
| 2. The Religion of Christ | 5. The Kingdom of God and His Righteousness |
| 3. The Idea of a Pan-World | 6. The New Jerusalem. |

Summary

Man as conceived by Cosmic Intelligence is such that if he is to be fulfilled, he must connect himself with the light and power of the Higher World. If not, if he puts all his trust in his own limited faculties, he will be unable to see ahead and in his blindness he will make drastic errors in all domains. If he puts his faith in technology, trade and material development, sooner or later he will fail, for if his action is based on the desire to control the world regardless of the plan and purpose of Cosmic Intelligence it will stir up the psychic and physical layers of the atmosphere, and hostile forces will turn against him in their fury. The Age of Aquarius is now coming in and it will cause great upheavals and cataclysms all over the world, after which those who survive will have a better understanding of the Laws. The splendour and harmonious beauty of the new life that is in store for mankind surpasses the imagination. People who have been secretly working for the Kingdom of God will find each other and combine their new-found extraordinary powers to bring down the fortresses of ignorance, materialism and despotism. I tell you this now, and it will be as I say, for nothing can prevent the coming of the new era, the Golden Age.

ON THE ART OF TEACHING from the Initiatic Point of View (III)

Table of contents

- | | |
|-----------------------------|---|
| 1. Spiritual Work | 5. On Perfection |
| 2. On Responsibility | 6. On the Reality of the Invisible World |
| 3. On Building the New Life | 7. On Participation in the Work of the Universal White Brotherhood. |
| 4. On the Living Knowledge | |

SUMMARY

Parents and teachers have every material means at their disposal for the proper education of children, but they still lack the means of regenerating humanity. This is what the Teaching of the Universal White Brotherhood brings us: the means parents need to bring healthy, gifted children into the world, the means educators need to turn them into men and women ready to work for the good of society. But these methods can only be applied by adults who have already changed their patterns of behaviour in such a way as to be living examples for their young charges.

LIFE AND WORK IN AN INITIATIC SCHOOL

Table of contents

38

Can '*Prenatal* and '*Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

1. The International Day of the Sun
2. The Bonfin
3. Training for the Divine
4. Hrani-Yoga and Surya-Yoga
5. The Spirit of the Teaching
6. Matter and Light
7. Purity and Light
8. The Meaning of Initiation.

Summary

We are here between the four walls of this room at the Bonfin, but we are also in the town of Fréjus. Fréjus is in the Var; the Var is in France; France is in Europe, and Europe is one of the continents on earth. The earth belongs to the family of planets in the solar system; the solar system belongs to a galaxy, and that galaxy is a tiny part of the whole cosmos. Yes, the prodigious truth is that we are here in this room and, at the same time, in the cosmos. What conclusion - if any - can we draw from this? The conclusion that, as cosmic beings, we must not eternally confine ourselves to our own petty interests. We must open our eyes and remind ourselves that we have cosmic work to do. What is the use of belonging to the Universal White Brotherhood if we do not work for broader, more far-reaching goals? For the welfare of the whole world? Henceforth, try to change your mental habits, to adopt a broader point of view; try to become more aware of being part of the cosmos, of being linked to the whole universe; try to see that this means that the things you do as well as the way you do them must change."

THE FRUITS OF THE TREE OF LIFE THE CABBALISTIC TRADITION

Table of contents

- | | |
|---|---|
| 1. How to Approach the Study of the Cabbalah | Logos |
| 2. The Number Ten and the Ten Sephiroth | II. The Universal Language of the Logos |
| 3. Structure and Symbols of the Tree of Life | III. The Power of the Logos |
| 4. The Tetragrammaton and the Seventy-Two Planetary Spirits | 12. The Esoteric Church of Saint John |
| 5. The Creation of the World and the Theory of Emanation | 13 Binah, the Realm of Stability |
| 6. The Fall and Redemption of Man | 14. The Human Spirit is Above Fate |
| 7. The Four Elements | 15. Death and the Life Beyond |
| 8. Evening Vigils Round the Fire | 16. Human and Cosmic Respiration |
| I. The Power of Fire | 17. The Cardinal Feasts |
| II. Fire and the Sun | 18. The Moon and its Influence on Man |
| III. The Fire of Sacrifice | 19. The Glorified Souls |
| 9. Water and Fire | 20. The Land of the Living |
| 10. A Bowl of Water | 21. A Magic Wand |
| 11. The Living Logos | 22. Nature Spirits |
| I. The Alphabet and the Twenty-Two Elements of the | 23. Objects are Receptacles of Life |
| | 24. The Holy Grail |
| | 25. Building the Inner Sanctuary. |

Summary

The Sephirothic Tree, the Tree of Life of the Cabbalah, is an image of the universe, inhabited by God and impregnated with His quintessence. It represents the divine life which circulates throughout the whole of creation. Here is a system which prevents you from becoming dispersed in your spiritual activities. If you work for years on this Tree, if you study it, if you taste its fruit, you will create stability within yourself and harmony in the cosmos."

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

- EDITION IZVOR -

P0201AN : Toward a Solar Civilization

Table of contents

- | | |
|---------------------------------------|--|
| 1. The Sun, Initiator of Civilization | 6. Man is Made in the Image of the Sun |
| 2. Surya Yoga | 7. The Spirits of the Seven Lights |
| 3. Seeking the Centre | 8. The Sun as our Model |
| 4. The Sun our Provider | 9. The True Solar Religion. |
| 5. The Solar Plexus | |

Summary

Although we may know about heliocentricity from the point of view of astronomy, we are still far from having exhausted all its possibilities in the biological, psychological, cultural and spiritual spheres. The sun exists within each one of us and, if allowed to, can manifest its presence by awakening our consciousness to a global view of human problems.

P0202AN : Man, Master of his Destiny

Table of contents

- | | |
|--|-------------------------------|
| 1. The Law of Cause and Effect | 5. The Law of Correspondences |
| 2. You will Separate the Subtle from the Gross | 6. Natural and Moral Law |
| 3. Evolution and Creation | 7. Nature's Records |
| 4. Two Justices: Human and Divine | 8. Reincarnation |

Summary

Why is one born in a particular country and a particular family? Why is one healthy, rich, illustrious and powerful, or on the contrary poor, handicapped and miserable? Even those who think they are entirely free must put up with their fate because of their ignorance of the laws which govern the invisible world. The reply to these questions not only helps the disciple to unravel the tangled threads of his life, it also gives him the tools he must have in order to become master of his own destiny.

P0203AN : Education Begins Before Birth

Table of contents

- | | |
|---|--|
| 1. The First Priority: Educating Parents | 7. Never Let Your Children be Idle |
| 2. Education Begins before Birth | 8. Prepare Your Children for Adult Life |
| 3. A Blueprint for the Future of Mankind | 9. Protect Your Children's Sense of Wonder |
| 4. Don't Neglect Your Children | 10. Love without Weakness |
| 5. A New Understanding of a Mother's Love | 11. Education versus Instruction |
| 6. The Magic Word | |

Summary

Is it possible for education to begin before birth? Yes. Because true education is primarily subconscious. A child is not a little animal which you can start training as soon as it is old enough. A mother can have a beneficial influence on her child in the womb through the harmony of her thoughts, acts and feelings. And this pre-natal influence must be faithfully continued once the baby is born, for, as all parents should realize, a tiny baby is highly sensitive to its environment. Ultimately, it is by example that parents and pedagogues should accomplish their educational mission

P0204AN : The Yoga of Nutrition

Table of contents

- | | |
|--|---|
| 1. Eating: An Act which Concerns the Whole Man | 7. Fasting: I – Means of Purification. II - Another Form of Nutrition |
| 2. Hrani-Yoga | 8. Communion |
| 3. Food: A Love-Letter from God | 9. The Meaning of the Blessing |
| 4. Choosing Your Food | 10. The Spirit Transforms Matter |
| 5. Vegetarianism | 11. The Law of Symbiosis. |
| 6. The Ethics of Eating | |

Summary

This is not a dietary book. Omraam Mikhaël Aïvanhov teaches that our attitude towards our food and the way we eat is far more important than what, or how much we eat. He replaces our ordinary ideas of everyday eating with the true mystical significance of nutrition. In this way we can learn to extract from our physical food all the subtle elements necessary for true health and fulfilment.

P0205AN : Sexual Force or the Winged Dragon

Table of contents

40

Can '**Prenatal** and '**Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

1. The Winged Dragon
2. Love and Sexuality
3. The Sexual Force is Essential for Life on Earth
4. Pleasure: / I - Do not Seek Pleasure for it Will Impoverish You
4. Pleasure: / II - Replace Pleasure with Work
5. The Dangers of Tantric Yoga
6. Love without Waiting to be Loved
7. Love is Everywhere in the Universe
8. Spiritual Love is a Higher Way of Feeding Ourselves
9. A High Ideal Transforms Sexual Energy
10. Open Your Love to a Higher Path

Summary

The dragon is not pure fiction: it is the symbol of our instinctive, primitive forces and is common to all mythologies as well as to early Christian iconography. The great challenge of the spiritual life is to conquer, tame and use those forces to reach the highest summits of the spirit.

P0206AN : A Philosophy of Universality

Table of contents

1. What is a Sect?
2. No Church is Eternal
3. The Spirit Behind the Form
4. The Advent of the Church of St. John
5. The Foundations of a Universal Religion
6. The Great Universal White Brotherhood
7. For a Universal Notion of the Family
8. Brotherhood, a Higher State of Consciousness
9. The Annual Conventions at the Bonfin
10. The Universal Dimension of All Our Activities

Summary

It is not enough to create associations dedicated to universality. As long as each one of the members has not devoted his or her life to universality, these organizations are powerless. Universal consciousness is the fruit of patient learning and practice, for which Omraam Mikhaël Aïvanhov gives us the basic elements in this book

P0206AN : A Philosophy of Universality

Table of contents

1. What is a Sect?
2. No Church is Eternal
3. The Spirit Behind the Form
4. The Advent of the Church of St. John
5. The Foundations of a Universal Religion
6. The Great Universal White Brotherhood
7. For a Universal Notion of the Family
8. Brotherhood, a Higher State of Consciousness
9. The Annual Conventions at the Bonfin
10. The Universal Dimension of All Our Activities

Summary

It is not enough to create associations dedicated to universality. As long as each one of the members has not devoted his or her life to universality, these organizations are powerless. Universal consciousness is the fruit of patient learning and practice, for which Omraam Mikhaël Aïvanhov gives us the basic elements in this book

P0207AN : What is a Spiritual Master ?

Table of contents

1. How to Recognize a True Spiritual Master
2. The Necessity for a Spiritual Master
3. The Sorcerer's Apprentice
4. The Exotic Should not be Confused with Spirituality
5. Learn How to Balance the Material and Spiritual Worlds
6. A Master is a Mirror Reflecting the Truth
7. A Master is There Only to Give Light
8. The Disciple and His Master
9. The Universal Dimension of a Master
10. The Magical Presence of a Master
11. Identification
12. 'Except Ye Become as Little Children...'

Summary

It is not enough to create associations dedicated to universality. As long as each one of the members has not devoted his or her life to universality, these organizations are powerless. Universal consciousness is the fruit of patient learning and practice, for which Omraam Mikhaël Aïvanhov gives us the basic elements in this book

P0208AN : The Egregor of the Dove or the Reign of Peace

Table of contents

1. Towards a Better Understanding of Peace
2. The Advantages of Unity amongst Nations
3. Aristocracy and Democracy
4. About Money
5. The Distribution of Wealth
6. Communism and Capitalism
7. Towards a New Understanding of Economics
8. What Every Politician Should Know
9. The Kingdom of God

Summary

Everyone agrees that peace is essential. And yet they continually feed the fires of conflict within their own hearts and in society, in politics and economics. As long as we do not master our own disordered thoughts and feelings, we cannot hope to create durable peace around us. When peace reigns within us then, and then only, can we truly contribute to peace in the world.

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

P0209AN : Christmas and Easter in the Initiatic Tradition

Table of contents

1. The Feast of the Nativity
2. The Second Birth
3. Birth on the Different Planes of Being
4. 'Except Ye Die Ye Shall not Live'
5. The Resurrection and the Last Judgment
6. The Body of Glory

Summary

The fact that the Feasts of Christmas and Easter coincide with the winter solstice and the spring equinox is evidence of their cosmic significance. So we learn that the human being, who is part of the universe, participates intimately in the natural process of gestation and blossoming. These two feasts are two different ways of celebrating the regeneration of men and women and their birth into the spiritual world.

P0210AN : The Tree of the Knowledge of Good and Evil

Table of contents

1. The Serpent of Genesis
2. What Good is Evil?
3. Beyond Good and Evil
4. Until the Harvest
5. The Philosophy of Unity
6. Into the Wilderness to Be Tempted
7. The Undesirables
8. Suicide is not the Answer
9. The Real Weapons
10. The Science of the Initiates, or the Inner Lamps

Summary

The solution of the question of evil lies in knowing the methods of how to work with it and to use its power. What-ever its origin, evil is an inner and outer reality which con-fronts us daily and which we have to learn to deal with. To attack it head-on is not only useless but dangerous: the odds are too heavily against us. So we have to learn the methods to use in order to gain the upper hand and transform evil into good.

P0211AN : Freedom, the Spirit Triumphant

Table of contents

1. Man's Psychic Structure
2. Mind over Matter
3. Fate and Freedom
4. Freedom through Death
5. Sharing in the Freedom of God
6. True Freedom: a Consecration of Self
7. Freedom through Self-Limitation
8. Anarchy and Freedom
9. The Notion of Hierarchy
10. The Synarchy With

Summary

Freedom has become such an important political stake that we have lost sight of its true significance. It is this significance, the relationship between spirit and matter, that the Master Omraam Mikhaël Aïvanhov attempts to restore. 'Enter into the realm of the spirit which creates, models and fashions and in so doing you will gradually loosen the hold that the exterior world has on you; you will be free!

P0212AN : Light is a Living Spirit

Table of contents

1. Light : Essence of Creation
2. The Sun's Rays, their Nature and Activity
3. Gold is Condensed Sunlight
4. Light Enables us to See and be Seen
5. Working with Light
6. The Prism : a Symbol of Man
7. Purity Clears the Way for Light
8. Living with the Intensity of Light
9. The Spiritual Laser.

Summary

Light is held by tradition to be the living substance of the universe from which God created the world. Recently, thanks to the development of the laser, light has become a formidable instrument for the exploration and transformation of matter. Light offers us an infinite range of possibilities both on the material and the spiritual planes. Here Omraam Mikhaël Aïvanhov invites us to explore the spiritual potential of light, to understand above all that it is the only truly effective means available with which to transform ourselves and the world around us.

P0213AN : Man's Two Natures, Human and Divine

Table of contents

1. Human Nature or Animal Nature?
2. The Lower Self is a Reflection
3. Man's True Identity
4. Methods of Escape
5. The Sun Symbolizes the Divine Nature
6. Put the Personality to Work
7. Perfection Comes with the Higher Self
8. The Silent Voice of the Higher Self
9. Only by Serving the Divine Nature
10. Address the Higher Self in Others
11. Man's Return to God, the Victory

Summary

42

Can '*Prenatal* and *Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

Man is that ambiguous creature placed by evolution on the borderline between the animal kingdom and the Kingdom of God. His nature is twofold and if he is to continue to evolve it is important that he become aware of his inherent ambivalence. If the Scriptures declare, 'Ye are gods', it is in order to remind men that hidden deep within them lies that sublime essence that they have to learn to manifest. Omraam Mikhaël Aïvanhov gives us the methods we need to manifest ourselves as the gods we really are... and of which we are still unaware.

P0214AN : Hope for the World : Spiritual Galvanoplasty

Table of contents

1. What is Spiritual Galvanoplasty?
2. Reflections of the Two Principles
3. Marriages Made in Heaven
4. Love Freely Given
5. Love on the Lower Plane
6. Love on the Higher Plane
7. Love's Goal is Light
8. The Solar Nature of Sexual Energy
9. Mankind Transformed
10. The Original Experiment and the New One
11. Replenish the Earth!
12. Woman's place
13. The Cosmic Child

Summary

There are two fundamental principles in the universe which are reflected in every single manifestation of nature and of life: they are the masculine and feminine principles. The whole of creation is the result of the concerted work of these two principles which are replicas of the two creative principles of the cosmos: the Heavenly Father and the Divine Mother, of which men and women are also the reflection. The two principles must work in conjunction: alone, each one is barren. Spiritual galvanoplasty is an application in the spiritual life of this science of the two principles."

P0215AN : The True Meaning of Christ's Teaching

Table of contents

1. 'Our Father Which Art in Heaven'
2. 'My Father and I Are One'
3. 'Be Ye Perfect, Even as Your Father Who is in Heaven is Perfect'
4. 'Seek Ye First the Kingdom of God and His Justice'
5. 'On Earth as it is in Heaven'
6. 'He That Eateth My Flesh and Drinketh My Blood Hath Eternal Life'
7. 'Father, Forgive Them, For They Know Not What They Do'
8. 'Unto Him that Smiteth Thee on the One Cheek...'
9. 'Watch and Pray'.

Summary

The whole of Christ's teaching is summed up in the prayer he gave us: the Lord's Prayer. Omraam Mikhaël Aïvanhov demonstrates and explains this. Nature, in her own wonderful way, has condensed a tree's entire potential into one tiny seed. Jesus did the same. He took his whole Teaching, and condensed it into a prayer to his Father, in the hope that this seed would take root in our souls, be nurtured by them and grow into its full potential : the massive fruitful tree of Initiatic Science, the true Teaching of Christ.

P0216AN : The Living Book of Nature

Table of contents

1. The Living Book of Nature
2. Day and Night
3. Spring Water or Stagnant Water
4. Marriage, a Universal Symbol
5. Distilling the Quintessence
6. The Power of Fire
7. The Naked Truth
8. Building a House
9. Red and White
10. The River of Life
11. The New Jerusalem - Perfect Man. I - The Gates.
12. Learning to Read and Write.

Summary

'In Initiatic Science, to read means to be able to decipher the subtle and hidden side of objects and creatures, to interpret the symbols and signs placed everywhere by Cosmic Intelligence in the great book of the universe. To write means to leave one's imprint on this great book, to act upon stones, plants, animals and men through the magic force of one's spirit.'

P0217AN : New Light on the Gospels

Table of contents

1. 'Men do not Put New Wine into Old Bottles'
2. 'Except Ye Become as Little Children'
3. The Unjust Stewart
4. 'Lay up for Yourselves Treasures in Heaven'
5. The Strait Gate
6. 'Let Him Which is on the Housetop not Come Down...'
7. The Calming of the Storm
8. The First Shall Be Last
9. The Parable of the Five Wise and the Five Foolish Virgins
10. 'This is Life Eternal, that they Might Know Thee the Only True God'.

Summary

Can **'Prenatal and Perinatal Education'** as well as **'Spiritual Electroplating'** change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

Omraam Mikhaël Aïvanhov interprets all these familiar tales, whether real or symbolic, told by the Gospels. He strips them of their restrictive, purely anecdotal character, and reveals their underlying, psychological and spiritual realities. Suddenly it becomes clear that they are always relevant to our own inner lives, where the forces of materialism and spirituality confront and come to terms with each other.

P0218AN : The Symbolic Language of Geometrical Figures

Table of contents

- | | |
|--------------------------|---------------------------------|
| 1. Geometrical Symbolism | 5. The Pyramid |
| 2. The Circle | 6. The Cross |
| 3. The Triangle | 7. The Quadrature of the Circle |
| 4. The Pentagonagram | |

Summary

'Geometrical figures are, as it were, the framework or skeleton of reality but although they are reduced to the bare bones they are by no means dead, for they represent living realities in man and the universe. And this is why, in order to interpret them, we have to breathe the life of the spirit into them: they will mean nothing to us if we are content to study them only as they occur outside ourselves.

P0219AN : Man's Subtle Bodies and Centres

Table of contents

- | | |
|--|-----------------------------------|
| 1. Human Evolution and the Development of the Spiritual Organs | 5. Kundalini Force |
| 2. The Aura | 6. The Chakras: The Chakra System |
| 3. The Solar Plexus | I. - The Chakra System |
| 4. The Hara Centre | II. Ajna and Sahasrara. |

Summary

'However much we cultivate and refine our five senses they will always be severely limited in scope for they belong to the physical plane: they will never be capable of exploring any reality above or beyond the physical. In order to experience other, new sensations, we must call into play those other, subtler organs and centres which we all possess.

P0220AN : The Zodiac, Key to Man and to the Universe

Table of contents

- | | |
|---|---|
| 1. The Enclosure of the Zodiac | 7. The Leo-Aquarius Axis |
| 2. The Zodiac and the Forming of Man | 8. The Fire and Water Triangles |
| 3. The Planetary Cycle of Hours and Days | 9. The Philosophers' Stone : the Sun, the Moon and Mercury |
| 4. The Cross of Destiny | 10. The Twelve Tribes of Israel and the Twelve Labours of Hercules in Relation to the Zodiac. |
| 5. The Axes of Aries-Libra and Taurus-Scorpio | |
| 6. The Virgo-Pisces Axis | |

Summary

The constellations and planets are the hieroglyphs, the sacred letters which reveal, to those who know how to decipher them, how mankind and the world were created, how they evolve hand in hand and how their inner structure is identical. Every human being who becomes aware of his kinship with the universe begins to feel the need to cultivate his inner life in order to rediscover, within himself, that cosmic plenitude symbolized to perfection by the circle of the zodiac

P0221AN : True Alchemy or the Quest for Perfection

Table of contents

- | | |
|---|---|
| 1. Spiritual Alchemy | 7. Grafting |
| 2. The Human Tree | 8. The Use of Energy |
| 3. Character and Temperament | 9. Sacrifice, the Transmutation of Matter |
| 4. Our Heritage from the Animal Kingdom | 10. Vainglory and Divine Glory |
| 5. Fear | 11. Pride and Humility |
| 6. Stereotypes | 12. The Sublimation of Sexual Energy |

Summary

'Don't battle against your weaknesses and vices for it is they who will win: instead, learn to make them work for you. You find it perfectly normal to use natural, physical forces so why be astonished at the idea of using your own primitive forces! Once you know the rules of spiritual alchemy you will be able to transform and use the negative forces that exist in such abundance within you.

P0222AN : Man's Psychic Life : Elements and Structures

Table of contents

44

Can '**Prenatal** and '**Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

1. Know Thyself
2. The Synoptic Table
3. Several Souls and Several Bodies
4. Heart, Mind, Soul and Spirit
5. The Apprenticeship of the Will
6. Body, Soul and Spirit
7. Outer Knowledge and Inner Knowledge
8. From Intellect to Intelligence
9. True Illumination
10. The Causal Body
11. Consciousness
12. The Subconscious
13. The Higher Self.

Summary

'In order to give a clear idea of human anatomy one is obliged to have recourse to a series of different plates each of which illustrates one of the systems of the human body: the skeleton, the muscular system, the circulatory system, the nervous system, etc. Similarly, when an Initiate wants to study one or other aspect of man's psychic structure, he applies the same method as an anatomist: he uses different diagrams or outlines according to which aspect he is studying.'

P0223AN : Creation: Artistic and Spiritual

Table of contents

1. Art, Science and Religion
2. The Divine Sources of Inspiration
3. The Work of the Imagination
4. Prose and Poetry
5. The Human Voice
6. Choral Singing
7. How to Listen to Music
8. The Magic Power of a Gesture
9. Beauty
10. Idealization as a Means of Creation
11. A Living Masterpiece
12. Building the Temple

Summary

The laws of true artistic creation are identical with the laws of spiritual creation. The creative work of an artist is exactly the same work of inner regeneration as that undertaken by one who is striving for spiritual perfection. Just as an artist uses paint and canvas, clay or bronze to create a work of art, so a spiritual person uses the raw materials of his or her own being in striving towards inner perfection.

P0224AN : The Powers of Thought

Table of contents

1. The Reality of Spiritual Work
2. Thinking the Future
3. Psychic Pollution
4. Thoughts are Living Beings
5. How Thought Produces Material Results
6. Striking a Balance between Matter and Spirit
7. The Strength of the Spirit
8. Rules for Spiritual Work
9. Thoughts as Weapons
10. The Power of Concentration
11. Meditation
12. Creative Prayer
13. Reaching for the Unattainable.

Summary

'Every one of our thoughts is pregnant with the power of the spirit which brought it into being, that power is constantly at work. Knowing this, each one of you has the possibility of becoming a benefactor of mankind; by projecting your thoughts into the farthest reaches of space, you can send out messages of light to help, comfort, enlighten and heal others. He who undertakes this work knowingly and deliberately, gradually penetrates into the mysterious arcana of divine creation.'

P0225AN : Harmony and Health

Table of contents

1. Life Comes First
2. The World of Harmony
3. Harmony and Health
4. The Spiritual Foundations of Medicine
5. Respiration and Nutrition
6. Respiration:
- I. The Effects of Respiration on Health
- II. How to Melt into the Harmony of the Cosmos
7. Nutrition on the Different Planes
8. How to Become Tireless
9. Cultivate an Attitude of Contentment.

Summary

'If you are ill, it's because you harbour disorder within yourself: you have nourished certain thoughts, feelings and attitudes that have finally affected your health. The best weapon against illness is harmony. Night and day think about synchronizing yourself with the whole of life - limitless life, cosmic life.'

P0226AN : The Book of Divine Magic

Table of contents

1. The Danger of the Current Revival of Magic
2. The Magic Circle of the Aura
3. The Magic Wand
4. The Magic Word
5. Talismans
6. Is Thirteen an Unlucky Number

Can '*Prenatal and Perinatal Education*' as well as '*Spiritual Electroplating*' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

7. The Moon
8. Working with Nature Spirits
9. Flowers and Perfumes
10. We All Work Magic
11. The Three Great Laws of Magic
12. The Hand
13. The Power of a Glance
14. The Magical Power of Trust
15. Love, the Only True Magic
16. Never Look for Revenge
17. The Exorcism and Consecration of Objects
18. Protect Your Dwelling Place.

Summary

'True magic, divine magic, lies in using all one's faculties, all one's knowledge, toward realizing the Kingdom of God on earth. Very few magi have reached the high level where the only ideal is to work in the Light for the Light. Those who manage to do so are the true benefactors of humanity.'

P0227AN : Golden Rules for Everyday Life

Table of contents

1. Life: our most precious possession
2. Let your material life be consistent with your spiritual life
3. Dedicate your life to a sublime goal
4. Our daily life: a matter that must be transformed by the spirit
5. Nutrition as Yoga
6. Respiration
7. How to recuperate energy
8. Love makes us tireless
9. Technical progress frees man for spiritual work
10. Furnishing your inner dwelling
11. The outer world is a reflection of your inner world
12. Make sure of a good future by the way you live today
13. Live in the fullness of the present
14. The importance of beginnings... etc.

Summary

Nothing is more difficult than to put the spirit where it rightfully belongs in our lives: in first place. In fact, except in the case of a few great saints or mystics, the attempt to do so has usually ended in failure, discouragement and even mental breakdown. In his role as a spiritual teacher, Omraam Mikhaël Aïvanhov takes care not to provoke any such rupture with the realities of life by showing us how everyday actions and events can be the foundation of a genuine spirituality.

P0228AN : Looking into the Invisible Intuition, Clairvoyance, Dreams

Table of contents

1. The Visible and the Invisible
2. The Limited Vision of the Intellect, The Infinite Vision of Intuition
3. The Entrance to the Invisible World: From Yesod to Tiphareth
4. Clairvoyance: Activity and Receptivity
5. Should We Consult Clairvoyants ?
6. Love and Your Eyes Will be Opened
7. Messages From Heaven
8. Visible and Invisible Light: Svetlina and Vidolina
9. The Higher Degrees of Clairvoyance
10. The Spiritual Eye
11. To See God
12. The True Magic Mirror: The Universal Soul
13. Dream and Reality
14. Sleep, an Image of Death
15. Protect Yourself While You Are Asleep
16. Astral Projection While Asleep
17. Physical and Psychic Havens
18. The Sources of Inspiration
19. Sensation is Preferable to Vision.

Summary

Meditation, mediumship, astral projection and dreams can give us access to the invisible world but the quality of the revelations we receive depends on our degree of evolution. Omraam Mikhaël Aïvanhov warns: 'You must not imagine that, just because someone is gifted as a medium, he necessarily has access to every region of the invisible world; on the contrary, he will see only that which corresponds to his own level of consciousness, his own thoughts and desires'.

P0229AN : The Path of Silence

Table of contents

1. Noise and Silence
2. Achieving Inner Silence
3. Leave Your Cares at the Door
4. Make Your Meals an Exercise in Silence
5. Silence, a Reservoir of Energies
6. The Inhabitants of Silence
7. Harmony, the Essential Condition for Inner Silence
8. Silence, the Essential Condition for Thought
9. The Quest for Silence is the Quest for the Centre
10. Speech and the Logos
11. A Master Speaks in Silence
12. The Voice of Silence is the Voice of God
13. The Revelations of a Starry Sky
14. A Silent Room.

Summary

'The silence that concerns us here is not the silence of inertia; it is the stillness of a work of great intensity that is taking place in a climate of perfect harmony. Nor is it emptiness or absence; it is plenitude, a fullness comparable to

HOW TO SURPASS KARMA AND PREDESTINATION

that experienced by two human beings who love each other very deeply and share something that cannot be expressed in words or gestures. Silence is a quality of the inner life'

P0230AN : The Book of Revelations: A Commentary

Table of contents

- | | |
|--|--|
| 1. The Island of Patmos | God |
| 2. Introduction to the Book of Revelations | 10. The Woman and the Dragon |
| 3. Melchizedek and Initiation into the Mystery of the Two Principles | 11. The Archangel Mikhaël Casts Out the Dragon |
| 4. Letters to the Church in Ephesus and Smyrna | 12. The Dragon Spews Water at the Woman |
| 5. Letter to the Church in Pergamos | 13. The Beast from the Sea and the Beast from the Land |
| 6. Letter to the Church in Laodicea | 14. The Wedding Feast of the Lamb |
| 7. The Twenty-Four Elders and the Four Holy Living Creatures | 15. The Dragon is Bound for a Thousand Years |
| 8. The Scroll and the Lamb | 16. The New Heaven and the New Earth |
| 9. The Hundred and Forty-Four Thousand Servants of | 17. The Heavenly City. |

Summary

'Many people find the Book of Revelations very obscure and difficult to interpret. It is true that for those who do not possess the key to it, it is obscure but for those who do possess the key it is extremely clear. Once one knows the hidden meaning of the numbers and symbols, all the elements that seem to be totally unrelated can be brought together and used to shed light on each other, and the result is an extraordinarily logical whole'.

P0231AN : The Seeds of Happiness

Table of contents

- | | |
|---|--|
| 1. Happiness: A Gift to be Cultivated | 12. The Spirit is Above the Laws of Fate |
| 2. Happiness is not Pleasure | 13. Look for Happiness on a Higher Level |
| 3. Happiness is Found in Work | 14. The Quest for Happiness is a Quest for God |
| 4. A Philosophy of Effort | 15. No Happiness for Egoists |
| 5. Light Makes for Happiness | 16. Give Without Expecting Anything in Return |
| 6. The Meaning of Life | 17. Love Without Asking to be Loved in Return |
| 7. Peace and Happiness | 18. Our Enemies are Good for Us |
| 8. If You want to be Happy, Be Alive | 19. The Garden of Souls and Spirits |
| 9. Rise Above your Circumstances | 20. Fusion on the Higher Planes |
| 10. Develop a Sensitivity to the Divine | 21. We are the Artisans of Our Own Future. |
| 11. The Land of Canaan | |

Summary

Human beings come into the world with certain aspirations; they need to love and be loved: they need to know, and they need to create. It is the fulfilment of these aspirations that they call happiness. Before they can fulfil their aspirations, however, they need to add something more to the baggage they bring with them; it is not enough to want something in order to obtain it. Happiness is like a talent that has to be cultivated. If you don't cultivate it, it will never amount to anything.

P0232AN : The Mysteries of Fire and Water

Table of contents

- | | |
|---|---|
| 1. The Two Principles of Creation, Water and Fire | 11. The Cycle of Water: Reincarnation |
| 2. The Secret of Combustion | 12. The Cycle of Water: Love and Wisdom |
| 3. Water, the Matrix of Life | 13. A Candle Flame |
| 4. Civilization, a Product of Water | 14. How to Light and Tend Fire |
| 5. The Living Chain of Sun, Earth and Water | 15. Water, the Universal Medium |
| 6. A Blacksmith Works with Fire | 16. The Magic Mirror |
| 7. Water is Born of Mountains | 17. Trees of Light |
| 8. Physical and Spiritual Water | 18. The Coming of the Holy Spirit |
| 9. Feeding the Flame | 19. A Treasury of Pictures |
| 10. The Essential Role of Fire | |

Summary

'Our psychic life is shaped and moulded every day by the forces and influences we allow to enter and impregnate us. This is why it is essential to have a store of lovely pictures that we can conjure up in our minds often, pictures that are with us day and night, so that our thoughts may be constantly in touch with all that is most elevated, pure and sacred. And what is more beautiful, more poetic or more full of meaning than water and fire, and the different forms in which they appear to us? You can fill your whole life with these pictures, and absorb them until they impregnate every cell of your body.'

Can '**Prenatal and Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

P0233AN : Youth: Creators of the Future

Table of contents

1. Youth, a World in Gestation
2. The Foundation Stone of Life: Faith in a Creator
3. A Sense of the Sacred
4. The Voice of our Higher Nature
5. Choosing the Right Direction
6. Knowledge Cannot Give Meaning to Life
7. Character Counts for More than Knowledge
8. Learning to Handle Success and Failure
9. Recognize the Aspirations of Soul and Spirit
10. The Divine World, Our Own Inner World
11. Did you Choose Your Own Family?
12. Benefit From the Experience of Older People
13. Compare Yourself to Those Who Are Greater
14. The Will Must be Sustained by Love
15. Never Admit Defeat
16. Never Give Way to Despair
17. Artists of the Future
18. Sexual Freedom
19. Preserve the Poetry of Your Love
20. Members of One Universal Family (I) (II).

Summary

'If we remember that there is a correspondence between the life of a human being and that of nature, we can say that a young person's formative years can be compared to the period when the earth itself was being formed. At that time, no organized form of life was possible on earth, for it was nothing but a seething mass of molten matter constantly racked by volcanic eruptions... Nothing solid can be built on such unstable ground, and this means that before they can become a hospitable environment for plants, animals and human beings, symbolically speaking, young people have to introduce an element of moderation, control and harmony into their lives. It is this that constitutes the transition from youth to adulthood: the transition from an unorganized, chaotic, unstable life to a life that is rich and full and beneficial both to oneself and to others.'

P0234AN : Truth: Fruit of Wisdom and Love

Table of contents

1. The Quest for Truth
2. Truth, the Child of Wisdom and Love
3. Wisdom and Love; Light and Warmth
4. The Love of a Disciple; the Wisdom of a Master
5. Truth, the Kernel of Life
6. 'I am the Way, the Truth and the Life'
7. The Blue Ray of Truth
8. Three Levels of Truth
9. Be Faithful to the Truth
10. There is no Arguing about Tastes
11. Reality: Objective and Subjective
12. The Primacy of Subjective Reality
13. Scientific Progress v. Moral Progress
14. Scientific Truth and the Truth of Life
15. A Fresh View of Reality
16. Dreams and Reality
17. Truth Transcends Good and Evil
18. 'The Truth shall Make you Free'(I) (II).

Summary

'Truth has been defined in so many different ways that the whole question has become hopelessly involved. The fact is that one cannot define truth, for it does not exist as such. Only wisdom and love exist... It is your love and wisdom that will show you truth.'

P0235AN : "In Spirit and in Truth"

Table of contents

1. The Framework of the Universe
2. The Divine Office of Weights and Measures
3. The Link with the Centre
4. Reaching for the Top
5. From Multiplicity to Unity
6. Building the Edifice
7. Contemplating the Truth: Isis Unveiled
8. Garment of Light
9. The Skin
10. The Perfume of Eden
11. 'In Spirit and in Truth'
12. An Image Can Be a Support for Prayer
13. The Spirit is not Held Captive in Relics
14. Speak to the Spirit of Those You Love
15. The Sun, the Quintessence of Religion
16. The Truth of the Sun is in Giving
17. The Kingdom of God is Within.

Summary

'Imagine how the faithful of all the world's religions would feel if they were told one day that there would be no more churches or temples. That every external manifestation of religion would disappear. That the time had come to worship God in spirit and in truth. They would feel utterly lost, as though they had nothing to hold on to any more. Only those who are exceptionally highly evolved are capable of finding within their own soul the sanctuary in which to communicate with the Lord. Of course, such an expansion of consciousness is highly desirable. Those who achieve it are free to work without restrictions to build a future for themselves as sons and daughters of God.'

P0236AN : ANGELS AND OTHER MYSTERIES OF THE TREE OF LIFE

Table of contents

1. From Man to God, the Notion of Hierarchy
2. Introduction to the Sephirothic Tree of Life
12. Malkuth, Yesod, Hod, Tiphareth, Archangels and

48

Can '**Prenatal** and **Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

3. The Angelic Hierarchies
4. The Names of God
5. The Sephiroth of the Central Pillar
6. Ain Soph Aur, Unlimited Light
7. Light, the Substance of the Universe
8. 'When God Drew a Circle on the Face of the Deep'
9. The Kingdom of God is like a Mustard Seed
10. The Cosmic Family and the Mystery of the Trinity
11. The Body of Adam Kadmon

- Seasons
13. The Sephirotic Tree, Symbol of Synarchic Order
 14. Yesod, Foundation of the Spiritual Life
 15. Binah:
I The Laws of Destiny
II The Realm of Stability
 16. Chokmah, the Creative Word
 17. Yesod, Tiphareth, Kether, the Sublimation of Sexual Energy
 18. The Prayer of Solomon.

Summary

'Think for a minute about what electricity is and how we use it, and you will have some notion, however approximate, of God. We use electricity to light and heat our houses, and power all kinds of machines and appliances, but we have to be very careful of how we handle it, for it is easy to cause an accident. Direct contact with an electric current can be fatal. In order to harness and use it without danger, we have to channel it through transformers. The same can be said of God: God is like a pure current of electricity which has to pass through transformers before it reaches us. And the transformers that God uses are the countless luminous beings that populate the heavens, known to tradition as the choirs of angels or angelic hierarchies. It is through them that we receive divine life; it is through them that we can be in contact with God.

P0237AN : COSMIC BALANCE - THE SECRET OF POLARITY

Table of contents

1. Cosmic Balance and the Number Two
2. Oscillation of the Scales
3. One and Zero
4. The Role of The Masculine and The Feminine - Adam and Eve : Spirit and Matter Adam and Eve : Wisdom and Love - The Mental and Astral Planes - Man and Woman
5. God Transcends Good and Evil
6. The White Head and the Black Head
7. Alternation and Antagonism - The Law of Opposites
8. 'To Work the Miracles of One Thing' - The Figure of Eight and the Cross
9. The Caduceus of Hermes - The Astral Serpent
10. Iona, Principle of Life - Horeb, Principle of Death
11. The Triad Kether-Chesed-Geburah - Sceptre and Orb Mind and Heart - A Straight Line and a Curved Line
12. The Law of Exchange
13. The Key and the Lock
14. The Work of the Spirit on Matter - The Holy Grail
15. Union of the Ego with the Physical Body
16. The Sacrament of the Eucharist
17. The Androgynes of Myth
18. Union with the Universal Soul and the Cosmic Spirit.

Summary

On September 23rd, the Sun enters the sign of Libra (Scales or Balance), and this is the autumn equinox. After the ascending phase, from Aries to Virgo, comes the descending phase, from Libra to Pisces. Libra is the seventh sign on the zodiacal belt. Why, you may wonder, are there scales in the heavens, and what do these scales teach us? This is the only sign of the zodiac that does not represent a living being, human or animal. It is an inanimate object, and not just any object, but an instrument for weighing things. It is as though its two pans were there to maintain the balance between the powers of darkness and light, of life and death. Libra, the Scales of the zodiac, is a reflection of the cosmic scales, the equilibrium between the two opposite and complementary principles, thanks to which the universe came into being and continues to exist. The symbol of the scales, which we find also in the sephirothic Tree of Life, dominates the whole of creation.'

P0238AN : The Faith that Moves Mountains

Table of contents

- 1 - Faith, hope and love
- 2 - The mustard seed
- 3 - Faith and belief
- 4 - Science and religion
- 5 - Faith always precedes knowledge
- 6 - Retrieving lost knowledge
- 7 - A religion is only a form of faith
- 8 - Our divine lineage
- 9 - Proof of God's existence lies within us
- 10 - Identifying with God
- 11 - God is life
- 12 - God in creation
- 13 - Rabota, vreme, vera : work, time, faith

Summary

Faith goes hand in hand with long-term work. It is the fruit of efforts repeated day after day. Faith is something that lives, something that we must never separate from our everyday life. This is what we need to understand if we are to discover the hidden meaning of Jesus' words : if you have faith the size of a mustard seed, you will say to this mountain, "Move from here to there," and it will move.

Can '**Prenatal and Perinatal Education**' as well as '**Spiritual Electroplating**' change the world into a better one where peace and justice reign? – Please do not hesitate to ask

Benjamin for further information: CIEL.SUR.TERRE@WEB.DE

HOW TO SURPASS KARMA AND PREDESTINATION

We can move a mountain, but only if we do not rush at it, thinking to move it in one go. We can move a mountain, but only if we are ready to move it stone by stone. Every stone we move - that is, every time we succeed in something, however small, increases your faith ; we begin to feel that we are stronger and more stalwart, more in control of the situation. And then one day, if we look back at the progress we have made and find that half the work is already done, it is just possible that our faith will have become so strong that we can move the rest in one go.

P0239AN : Love Greater Than Faith

Table of contents

- | | |
|---|--|
| 1 - The uncertainties of modern man | 6 - Only your actions witness to our faith |
| 2 - Destructive doubt : unification and bifurcation | 7 - Never abandon your faith in good |
| 3 - Constructive doubt | 8 - "Unless you become like children" |
| 4 - "Your faith has made you well" | 9 - "The greatest of these is love" |
| 5 - Let it be done for you according to your appreciation | 10 - Base your trust on vigilance |
| | 11 - "As I have loved you" |

Summary

"When you decide to embrace a religion or a spiritual philosophy and to put its principles into practice in your life, not only will you encounter difficulties with yourself because of the efforts required of you, but you will also have difficulties with others who will not necessarily understand how and why you have changed. Well, it is the way you handle these difficulties which reveal the quality, the authenticity of your faith. You must not say, for example, "I'm going to change my life completely, and I don't care what the family thinks. That is not my problem." Oh but it is your problem, because your spiritual life will depend on how you resolve it. Try, as far as possible, not to make others suffer, and of course, you must not abandon them. Remember that love is always greater than faith."

B0301AN : THE NEW YEAR

Summary

The Cabbalah tells us that the new year is influenced by the stars. The birth of a new year is like the birth of a child: it is the beginning of a life that will last just twelve months. When a child is born one can draw up a horoscope based on the date and time of birth and thus foresee the principal events of the child's life. And we can do the same for the birth of a new year; in fact you should know that the first day of the year determines the first month, the second day, the second month, the third day the third month and so on. So you must try to live, think, feel and behave as well as possible, at least during the first twelve days, so as to ensure an intelligent, luminous start to the year and thus influence and determine it favourably.

B0302AN : MEDITATION

Summary

Never forget that it is by your meditations that you allow your inner Self to express itself and reach its full flowering. This is the means by which you can release this mysterious, subtle being so that it can gaze on all that exists in infinite space and then reproduce it on the physical plane. Of course, we are practically never conscious of the realities that this being gazes on, but if we continue to do these exercises regularly and often, little by little they will reach our consciousness and constitute an inner treasure that will always be with us.

B0303AN : RESPIRATION Spiritual Dimensions and Practical Applications

Summary

Inhalation, exhalation... inhalation, exhalation... The ebb and flow of our breathing is the key to all the rhythms of the universe. When you become conscious of this movement within you, you enter into the movement of cosmic harmony in which you are immersed; little by little you will feel that your breathing melts into the breathing of God.

B0304AN : DEATH AND THE LIFE BEYOND

Summary

Let the dead live in peace. Don't cling to your family and friends, don't let your sorrow at their departure hold them down and, above all, don't try to communicate with them by calling them back. This only troubles them and prevents them from breaking free. Pray for them, send them your love, think of them becoming freer and freer and rising higher and higher towards the light. If you really love them, be sure that you will be with them again one day. That is the truth. How many times have I already told you this: where your heart is, there you will be one day.

D0005AN : The Gypsy Queen (Children Library)

Summary

Within each one of us lives a king or a queen, and this king and queen are eager to achieve great things in life. The story of young King Bojil and the Gypsy girl who became his Queen, lead us into the glorious adventure of love on the path of freedom and human brotherhood. The young readers will find here, presented with an enchanting lightness of touch, some essential aspects of their

HOW TO SURPASS KARMA AND PREDESTINATION

own quest for great things. - A delightful reminder of wisdom tales of all regions of the world.
All ages

CD5009AN : THE SEED

Summary

"A seed is nothing either than a living being who ceaselessly calls upon the forces and materials of the cosmos so as to be able to accomplish its task. And its task is to resemble the tree that produced it. The Creator put into the seed the vocation to resemble its father, the tree ; that's why, once planted - unless it's defective - all of its work will go in the direction of this vocation, taking from among the elements which surround it those which suit it, relinquishing the others, and it's in this way that it will come to express all the tendencies indicated in the diagram which it carries within it.

It is the same thing for man. Since God created man in His image, he has the possibility, by developing himself correctly, of becoming like his Heavenly Father."

K2510AN : The Laws of Reincarnation

Summary

'Belief in reincarnation is one of the cornerstones of morality. As long as human beings are unaware that the law of cause and effect is operative from one incarnation to the next, no amount of sermonizing will persuade them to change their ways. But once they know that the difficulties and trials they encounter in life are the direct result of faults committed in a previous life, not only can they accept them as just, but they start to work for good so as to be sure that their future incarnations will be better.'

V4605AN : The activity of the soul and spirit... How can we modify our destiny ?

Summary

You have been given every possible means with which to create your own future.

When you strive to put your physical body, and also your heart and mind, at the service of your soul and spirit of all that is most noble and exalted you set the seal of the Godhead on your every act and on each of your words.

And this work of self-transformation will produce other transformations throughout the world, and even to the far-distant stars... For everything is linked.

V4606AN : How can we purify our physical body despite the pollution ...

Summary

Pollution has become one of the greatest curses of our times. It is becoming increasingly difficult to find healthy food and clean air. But human beings are capable of neutralizing external poisons. If they live in harmony, if they forge a bond with light, their inner forces react and reject even physical impurities. In this way their organism defends itself.

"You Are Gods" - Synthesis, Vol. I

Omraam Mikhaël Aïvanhov

"Jesus was the most revolutionary of God's messengers. He was the first to defy all the ancient customs and his audacity in claiming that he was the son of God and that all human beings are equally sons and daughters of God was expiated on the cross. The insistence with which Jesus accentuated man's divine filiation offended and irritated the scribes and Pharisees to the point that they attempted one day to stone him. But Jesus said to them: 'I have shown you many good works from the Father. For which of these are you going to stone me?' The Jews answered, 'It is not for a good work that we are going to stone you, but for blasphemy, because you, though only a human being, are making yourself God.' And then Jesus reminded them of the verse in the Psalms: 'Is it not written in your law, "I said, You are gods"?"

Can **'Prenatal and Perinatal Education'** as well as **'Spiritual Electroplating'** change the world into a better one where peace and justice reign? – Please do not hesitate to ask Benjamin for further information: **CIEL.SUR.TERRE@WEB.DE**